

AUGUST 2019

the Hummer

Arts,
Entertainment
& Ideas

free

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August's Events



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Salt-Water Moon in Perth

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Smiths Falls' Creative Arts Fair



The Art of Adrian Baker p.3



Family Fun!

There's still a whole month left before the kids head back to school, and fortunately August is full of family-friendly festivals and fun events. If your family decides this area would be a great place to put down roots, just give me a call!



Patrick Kelly
SALES REPRESENTATIVE

Pat's Picks **Bridge St. Summer Fest** • Aug. 3 <downtowncarletonplace.com>

for August: **Paddle for AGH** • Aug. 10 <almontehospitalfoundation.com>

Pakenham Fair • Aug. 17 <exploremississippimills.ca>

North Lanark Highland Games • Aug. 24 <almontehighlandgames.com>

Festival of the Wild Child • Aug. 24 & 25 <mmlt.ca>

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ARTBEAT

by Bill Buttelle



"Then we got thinking... those OTTAWA churches aren't the ONLY hot venue around!"

Paddle for AGH

Raft Races Fun for Participants and Spectators Alike!

On Saturday, August 10, Paddle for Almonte General Hospital will again bring the community together for a fun, family-friendly affair featuring raft races at the Almonte Beach in support of quality health care close to home.

Registration for raft teams is now in full swing. If eye patches and skullduggery on the high seas are your tankard of grog, pull together your swabbies to design and race the fastest, craziest or funniest raft on the river. More information is available by emailing <rafraceagh@gmail.com>.

The day kicks off at 10AM with a 5km community paddle. Registration takes place at 9:30 at the fairgrounds. Everyone is invited to take part in this free event. Sharpen your observation skills and keep the kids engaged spotting wildlife on the river by participating in an "I Spy" activity. The kids can also join in the fun of the pirate-themed day by making their own pirate eye patches and pirate hats at the craft table on the grounds.

The main event begins at 1:30PM, with captains and crew racing for bragging rights as victors of the mighty Mississippi River. Starting at 1PM, friendly canoe and kayak races are also back by popular demand. Email <paddleagh@gmail.com> to find out more about these events.

Rafters are being asked to collect pledges to support the hospital. Minimum pledges should be \$100. There will be prizes for the highest total pledges collected by a team as well as raft design and team spirit.

This event is in support of the Almonte General Hospital. Entrance to the Almonte Fairgrounds is free, but please plan to drop a donation in the bucket in support of our hospital's "Put Yourself in the Picture" Digital Imaging Campaign. Your donation will help the hospital foundation provide our medical staff with the equipment they need to deliver high-quality medical care, provide young couples with a community birthing centre to bring their children into the world, and ensure that when we need emergency care, there is a top-notch facility close to home.

Organizers wish to thank sponsors Almonte Civitan, Bean Auto, Priority Patient Transfer, Wilderness Rafting Tours, Valley Heritage Radio, Subway, Gaslight Café and L.G. Lee and Sons for their generous support of this event.



the
Humm



Who's Reading theHumm

the
Humm
Arts,
Entertainment
& Ideas

PO Box 1391
Almonte ON K0A 1A0
Phone: (613) 256-5081

Editor:
Kris Riendeau
editor@thehumm.com

Layout and Design:
Rob Riendeau
rob@thehumm.com

Advertising/Promotions:
Kris Riendeau: (613) 256-5081
kris@thehumm.com

Calendar Submissions:
Rona Fraser
calendar@thehumm.com

theHumm is a monthly arts, entertainment and ideas newspaper delivered free to businesses and visitor attractions in Almonte, Perth, Carleton Place, Westport, Pakenham, Carp, Arnprior, Smiths Falls, Burnstown, White Lake, Balderson, and Ottawa. Our mandate is to connect and promote people and events in the small towns and rural communities of the Ottawa Valley — where the arts flourish and entertaining characters run amok!

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By email or on disk.

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Thumm's up this month to:
D'Arcy, Corinne, Sally, Bender, Rona, Sean-Mac-and-Aidan, Nancy R., Will & June, Nancy Fulton and the staff at Levi Home Hardware, Duncan Campbell, Dan Garner & crew, and Patrick Kelly for helping us get our house ready (over two months) and sell it (in a week)! You guys rock!!



The lovely painting above (by Eileen Hennemann) is the perfect companion to the adorable poem below (by Susan Macaulay)

grist for the mill

it's true it's confusing
maybe even inane
to name a street mill
when it should be called main

not everyone favours
suggestions of change
though over the years
there's been quite a range

"how could it have happened?"
tourists wonder in vain
as they wander around
in the snow, sun and rain

almonte's heart had grown quiet
until some saw potential
now it hops with cute shops
packed with goods quintessential

mill could be up
between mary & martin
and main could be down
where the hill is just startin'

i love it that mill street's
the name of the main
so what if it's sometimes
a drain on the brain?

why don't they just switch it?
why not make it clear?
replace mill street with main
'cause everything's here!

if it were me,
i would leave it the same
add a twist to the list
of the town's claims to fame

it's chock as a block
full of fun and smart places
and in june they make room
for the bicycle races

— susan macaulay

Adrian Baker — Upping the Ante with an Extraordinary Hand

In June, 2005, the title of our featured artist article was "Adrian Baker — Putting the Extra in the Ordinary." At that time her Artist's Statement was "My intention is to enable the observer to see beyond the familiar and witness the extraordinary in the ordinary." She has succeeded admirably.

by Sally Hansen

Since then she has upped the ante. Today she paints because "Art is my protest sign." Maturity suits her. Her current work is an exploration of humanity's interdependent relationship with the environment. On her website <adrianbakerart.com>, she says that she "... is endeavoring to initiate reflection & dialogue on society's disconnect with nature, and our collective inertia at the prospect of environmental decline." It is a timely and compelling choice, as expressed in this quote by controversial performance artist Marina Abramovic: "The function of the artist in a disturbed society is to give awareness of the universe, to ask the right questions, and to elevate the mind." She forgot to add, "...and save the planet."

With no need to resort to the sensationalism of much conceptual art, Baker is serving up a much more accessible and powerful message. She is preparing for a solo show opening on September 26 at The Annexe Gallery (part of the Ottawa Art Gallery)

to acknowledge the consequences of our rapacious impact on our environment.

Her canvas is a testament to all of the talent, skill, hard work and experience she has invested since she emerged on the art scene in 1980. It has long been obvious that she is an exceptionally gifted artist. Her works have appeared on publications such as *The Reader's Digest* and the *Canadian Medical Association Journal*; back in 1984 she was commissioned to paint a portrait of Prime Minister Pierre Trudeau and his three sons as a retirement gift. She has completed innumerable portraits of people and pets. In 2009 Baker was the artist-in-residence at Bermuda Masterworks Museum. Since 2013 she has completed several striking public art installations in Ottawa, commissioned by Heritage Canada and NCC — check them out on her website.

"Art is My Protest Sign"

Today it is not enough for her to paint more pictures that people would love and buy. She explains: "I realized that I wasn't adding anything new to the oeuvre, and I felt I had to express my concern about the environment." She believes that much of what ails society today is the result of people being out of touch with nature. Since she was a little girl living on a farm in Huntingdon in the Eastern Townships, nature has been her constant companion and sustenance. She and her husband, Robert Cretien, moved to Appleton in 1981, and they have created an oasis of natural beauty that constantly nourishes her and inspires her art.

Throughout her career Baker has consciously fought the temptation to succumb to the lure of commercial success at the expense of using her art as her "voice." Even as a self-thwarted artist who elected to put her career on the back burner while raising her young children, she created a striking body of work exploring the vulnerability and exposure of women in our society (long before #metoo). One of her images of midwife-assisted birthing went viral in Australia and New Zealand, and she remains an eco-feminist. Many of

her earlier pieces feature female nudes as she explores women's special interconnectedness with nature. Painting from photographs she takes of live models, she is very protective of her models, and conceals their identities. "It's not about faces; it's the opposite of "the male gaze" (the female visually positioned as an object of heterosexual male desire) — this is a woman's point of view."



titled *Watershed*. When I visited her home studio in Appleton a few weeks ago she was at work on a huge, stunning statement about our interdependency with nature — a surreal image of near-life-sized, fully-dressed humans struggling underwater to comprehend and survive. It is a beautifully disturbing image that inescapably evokes a visceral response at a time when millions of people are being forced



ARTIST TRADING CARD

Upping the Ante

At an age when most are tempted to rest on their laurels, Adrian Baker is instead embracing new challenges. In 2011 she and her husband spent four months working as volunteer interns for Child Haven in India <childhaven.ca>. In 2017 they spent a month backpacking in Ecuador in support of their son's not-for-profit initiative — Simon Cretien is the founder and executive director of Community Ascent Network <communityascent.com>. The objective of the project is to assist the remote indigenous community of Piñan in Northern Ecuador to create access for their youth to Ecuador's public secondary education system. Adventure seems to run in the family; in her twenties Adrian left her job as Asst. Director of the Harbourfront Corporation in Toronto to realize her lifelong ambition of cycling across Canada.

And now she has upped the ante again. She decided recently to push herself out of her comfort zone. She is the only working artist in a class of twelve women pursuing their Masters of Fine Art Degrees at Emily Carr University in Vancouver. Baker is pursuing the program in order to "better articulate both visually and verbally, my concern for the environment." The 2½-year program consists of Skype classes and critiques, three on-campus terms, a fifty-page thesis and a final exhibition, and is hard work. She feels there is a definite advantage in being a mature student; she is secure in her abilities and excited to be learning and exposed to new ideas.

Baker's only regret is that she has had to curtail some of her teaching activities in order to meet course obligations. She began teaching 35 years ago, and values not just the enthusiasm of her students but the fact that it "keeps me on my toes and keeps me doing research." When I admired an absolutely striking landscape casually leaned against the wall that looked as if it belonged in an exhibit of Group-of-Seven originals, she remarked that her students enjoy learning to paint in that style. Oh yes, she also joined Toastmasters two years ago in preparation for defending her thesis.

At the moment, the only way to see Adrian Baker's art is through her website or by contacting her to visit her home studio in Appleton. Personally, I am looking forward to attending her one-woman show at The Annexe Gallery (Ottawa Art Gallery) opening on Thursday, September 26. And I'll stop in and see Juan Geuer's *Luminous Precision Carbon + Light* exhibit two floors up at the same time. The works of both artists strive to strengthen the connection between human consciousness and the natural world.

In January, 2006, I wrote that "Geuer's goal is to seduce you into marveling at nature, and more importantly, into contemplating what you don't know." In 2019, Baker is warning us how much the ante has been upped in the past thirteen years.



Check out our new Red Room at the gallery!

Seen here: works by artists Adrienne Dagg, Sue Adams, Jane Irwin, Jim Hake, and Dale Dunning.

We're thrilled to represent Canadian artists from coast to coast!

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the
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WHO Adrian Baker
 WHAT Painter
 WHERE By appointment, adrianbakerart.com
 WHEN Set. 26 – Oct. 30, Solo Exhibition "Watershed," Annexe Gallery of the Ottawa Art Gallery, 50 Mackenzie King Bridge, Ottawa; oaggao.ca
 WHY "Art is my protest sign in the global protest march against climate change."

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JoyFest – Bring Back the Wonder

New Summer Festival to Reconnect Us with Fun

A new two-day festival brimming with live music, dance, cirque, drumming, art, nature, inspiration, conversation and storytelling will help us focus on enjoying life. JoyFest will be bringing a happiness boost to Ottawa and surrounding areas on the weekend of August 31 and September 1 at the Carp Ridge Ecowellness Centre.

Featuring local musicians Megan Jerome, Coco Love Alcorn, Angelique Francis, The Sticky Keys and many more, this festival will also entertain with live performances of fire dancing, circus arts and Taiko drumming. And there will be plenty of opportunity to do more than just watch and listen. Festival-goers will be able to sing in a pop-up choir, get up and dance, do some drumming, go for a walk in the woods, and make some art.

"We used to live in nature and connect with our world face-to-face," says JoyFest co-founder Stephanie MacGregor. "But now we live in cities and tap on screens. JoyFest is meant to bring back wonder to our tired, stressed and anxious lives."

Joy seekers are able to purchase tickets through JoyFest.ca. And luckily, we don't have to wait until August 31 to get some magic. For the next six weeks, the festival is bringing pop-up bliss to busy locations around the city and in small towns. Watch for singing and dancing in unlikely places and grab your tickets before they sell out.

Interested sponsors, on-site vendors and volunteers are asked to reach out to info@joyfest.ca. For all inquiries or to request a media pass, contact Stephanie MacGregor, Co-Founder, Fire in the Belly Adventures and JoyFest at 850-5714 or <Steph@joyfest.ca>.



Coco Love Alcorn is just one of several performers to play the inaugural JoyFest event on August 31 and September 1 in Carp

About Fire in the Belly Adventures

JoyFest is the first major event for Fire in the Belly Adventures. The company was started in January of 2019 by Stephanie MacGregor and Kristina Karpinski to help people rediscover life's mystery, sparking a new way of everyday living. Fire in the Belly Adventures plans unique, in-the-moment experiences and adventures — near you and around the world — so people can invite more magic into their lives.

20 Years of Garlic!

You're invited to the 20th annual Carp Farmers' Market Garlic Festival! Come be part of this truly unique local event, taking place for two days in August. On Saturday, August 10 from 8AM to 3PM and Sunday, August 11 from 10AM to 3PM you can visit the Carp Market vendors as well as a group of hand-picked Garlic Festival vendors. Enjoy the summer weather as you shop locally and participate in special garlic-themed events like cooking demos, info sessions and taste-testing. You can even test your bravery at the garlic shots table!

In addition to over 110 local vendors, this free event will also feature an international food court and live music. The Carp Fairgrounds venue is wheelchair accessible and pet-friendly (all dogs must be kept on a maximum 6-foot leash), and offers ample free parking.

For more info please visit the Carp Farmers' Market's social media pages or carpfarmersmarket.ca.



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The Magical World of Narnia

Coming to Life in Smiths Falls this Summer

“You can’t imagine how beautiful it was,” sings Tumnus to Lucy about Narnia before the White Witch turned it into a cold winter wasteland. The musical *Narnia* was written by Jules Tasca, with music composed by Thomas Tierney and lyrics by Ted Drachman. It is based on C.S. Lewis’s classic story of *The Lion, the Witch and the Wardrobe*. Together they have all created a unique, enchanted show filled with magical creatures and spirits.

The story is set during World War II and begins with the four Petersie children, Peter (Wilson Pearl, alt. Xander Duff), Susan (Juliet Alfaro, alt. Janis Nam), Lucy (Madison Thompson, alt. Avery Burt) and Edmond (Holden Anderson, alt. Aaron Sinclair), having to come to live in Professor Digory Kirke's (Michel Doyon) manor to be safe from the London bombings. There they encounter a strict house-keeper, Mrs. Macready (Anne-Marie Laferrière), who makes them feel unwelcome and is unsympathetic to their situation, so the children escape by a strange portal and find themselves in Narnia, a strange and at times scary world. When confronted with temptation and ethical challenges, as well as very strange creatures like the faun Tumnus (Jeff Schiissler), talking beavers (Stef Robar and Nancy Keech), a White Witch (Jane Browning) and her sidekick dwarf (Addison Brown), the children ultimately respond with courage, unselfishness and wisdom.

The Smiths Falls Community Theatre (SFCT) has a tradition of choosing summer shows that involve young children, and as this show provided numerous opportunities to involve young actors, it was chosen as the 2019 season's summer offering. It didn't hurt that director Lynda Daniluk loved the Narnia stories — having read them all as a young person, and again as an "older person"! In all there are 38 cast members, of which 26 are young actors (the youngest being seven years old), and many are on stage for their first time. When



Another battle in Narnia: Cast members are Wilson Pearl (Peter, with sword), Owen Pearl (wolf victim), Tia Duff (Fenris Ulf, at back), and Brady McKay (upper left wolf) pulling Lucy (Madison Thompson), as Susan (Juliet Alfaro) and Edmund (Holden Anderson) try to save her.

counting all the crew, the total number involved comes to 60, all who have volunteered countless hours to bring this story to life. Why so many, you might ask? Well, there are vocal coaches Bev McArthur and Wena Pearl who have helped everyone learn the fifteen songs in this show; dance choreography by Stacey Heuff; the always creative set design by Bill Hamilton and his sidekick Tony McNeill; set painting by multiple artists; costumes for all 38 cast members (some of whom needed more than one) by Sandy Bradley; people to watch over the young 'uns; people to gather props; folks to help Sandy with the sewing; tech people led by Tim Bissiaillon to design and provide lighting, sound and other special effects — yes, there are special effects that might even be called magical, such as snow in the middle of summer...

With so much time, effort and talent invested, SFCT hopes that many people will come to watch them as they wind their way through the mysteries of *Narnia*. The show runs on Friday and Saturday, August 9 and 10 at 7:30PM with a 2PM matinee on Sunday, August 11. The second weekend runs Thursday to Saturday, August 15–17 at 7:30PM, and finishes up with a 2PM matinee on Sunday, August 18. Tickets are \$20 for adults, \$10 for students, and can be purchased with cash at Special Greetings (8 Russell Street in Smiths Falls), online or by phone (283-0300) with credit card. If tickets are still available, they can be purchased a half-hour before showtime, at the door, with cash. For more information, visit <smithsfallstheatre.com>.



The Saturday evening performances of ***Outerbridge: Clockwork Mysteries*** at the Station Theatre have been such a hit this summer that some matinées have been added. You can now book tickets for 7:30PM shows on August 3, 24 and 31, or for 2PM on August 24 and 31. Don't miss this top-notch magic and illusion event!



Jim Arendt Those Of Us Still Living

Meet the artist at Fibrefest: September 5–8, 2019

Mississippi Valley Textile Museum
3 Rosamond Street E., Almonte ON K0A 1A0
613-256-3754, info@mvtm.ca or curator@mvtm.ca





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Joanne Beaton



Seeking New Family!

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Features:

- In-ground pool
- No rear neighbours!
- 1 minute walk to Naismith school
- Finished family room



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Get Ready for Roots on the Clyde!

The 3rd annual Roots on the Clyde country music festival, sponsored by J.B. Garage, is happening on August 16, 17 and 18 in Lanark. A full weekend of music to enjoy!

Our vision again this year is to see families, friends, and community members take time to slow down and enjoy music, life, and each other along the banks of the Clyde River. Music kicks off on Friday, August 16 from 7–11PM, and continues on Saturday, August 17 from 11AM to 11PM, and Sunday, August 18 from 11AM to 4PM. Please visit aruma.ca (click on events) for the performance schedule and all other festival information.

We are fortunate to have a talented line up of local Ottawa Valley musicians, including doubleBack, The Riley New Band, Jamie McMunn, Vicki Brittle, Unwound, Jim Simpson, Judi Moffatt-Hill and Barry Munro, Harry Adrain, Cheryl Adrain, Henry Norwood, Dan Paul Rogers, Mike Pollard, Cashmen Ford, Landon Bedor and Becky Gilbert. Charlie Kitts will emcee the event, and sound is provided by Stephen McNally.

New to this year's festival is our "Hair of the Dog" yoga class, happening Saturday and Sunday mornings from 9–10AM. Stretch out the kinks from the night before and join us for a yoga class and mimosas, to kick-start your day!

The Jolly Hog food truck will be serving up tasty burgers, tacos and more; Tay Dogs will be serving hot dogs; and La Senda Community Café will be there for all of your coffee, tea, and baked good needs. Alcoholic beverages will be available for purchase through Perth Brewery.

The festival grounds are located at Aruma, 2104 Pine Grove Road in Lanark. Aruma is a place for health and happiness that offers an expansive range of services such as counselling, psychotherapy, Registered Massage Therapy, chiropractic, Girvana programming and workshops, yoga (including SUP yoga) and fitness, self-care workshops and much more! Please visit aruma.ca to find out more about Aruma and Roots on the Clyde.



The line-up for this year's Roots on the Clyde country music festival includes doubleBack, Unwound, Henry Norwood, Vicki Brittle, and Carleton Place's own Cashmen Ford (above)

Many thanks to our main sponsor J.B. Garage for their continued support and community involvement. Additional thanks to community partners Coldwell Banker Perth, Bean Cars Carleton Place, Tomlinson, Elm Enterprises, Lanark Timbermart and Advance Automotive.

Admission

Although the full weekend pass with camping is already sold out, full weekend passes are still available at \$50 per person, as are single day passes (Friday, Saturday or Sunday) for \$25 per person. Kids 16 and under are free! Tickets are available at Aruma in Lanark, J.B. Garage in Lanark, the Naismith Pub in Almonte, Graham's Shoes in Carleton Place, and Mark's Cobbler Shop in Perth.

For more information please visit aruma.ca, call 259-3000, or email haley@aruma.ca. See you there!

— Haley Bowes

Cindy Thompson in Concert

The Middleville Museum is pleased to announce a fundraising concert featuring dynamic fiddler Cindy Thompson and family on September 7 from 7–9PM at the Middleville Agricultural Hall.

There is something for everyone in Cindy Thompson's energetic fiddling. She draws from an extensive range of traditional fiddle styles, learned through personal experience and from a career that has taken her to local, national and international stages for over 45 years. Along with teaching and performing, Cindy continues to develop traditional styles and enjoys teaching them to her many students in the local area.

Cindy will be performing with her husband Bruce Strathearn. Joining them on stage will be Cindy's son Jake Butineau on the keyboard. Jake is a professional composer for video games and visual media based in Toronto, with credits in over forty media projects including video games (music and sound design), film and internet.

Wherever she goes, Cindy's fun enthusiastic approach builds an amazing rapport with her audience. Cindy's passion for traditional music shows every time she performs or picks up her fiddle.

Tickets (\$25 each) are available in Almonte at Baker Bob's and Mill Street Books, at the Museum in Middleville and by e-transfer through middlevillermuseum@gmail.com. Get your tickets

early — you won't want to miss this fun evening. Tickets for this fundraising event are non-refundable.



Dynamic fiddler Cindy Thompson will play a fundraising concert for the Middleville Museum at the Middleville Agricultural Hall on September 7



Corgand Janeway-Svendsen tries to lure Jasmine Hilash with real silk stockings all the way from Eaton's Department Store in Toronto

Salt-Water Moon A Love Story from the Heart of Newfoundland

It'd be some sin if you missed the Studio Theatre's production of *Salt-Water Moon*. There's gonna be a jolly time when people start talking 'bout this play — like they got a record in them as big as a 45-gallon drum, no mistake! So, if you don't want to feel like a Friday fish at a Saturday market you'd best come in out of the wet and get on down to the Studio T'eatre, where you'll be greeted with "Best kind, b'y, and hows' yerself?"

David French's touching love story, set in Newfoundland in 1926, will make you stand up and cheer. The poignant scenes will give you goose bumps, and the stories about the fairies and tooth-charmers and St. Elmo's Fire will enchant you. You'll hear tell, boys, of the heroics of the First Newfoundland Regiment at Beaumont Hamel in France on July 1, 1916, and what it was like back home to go fishing on the Labrador for six months when you was only ten years old. And every once and a while you'll be looking tru' a spy glass at the Constellation of the Harp or King Charles' Wain, over Spaniard's Bay, and the moon over Jenny's Hill.

Award-winning director Jane Stott was thrilled to have two extremely talented new graduates of Algonquin College's Performing Arts program, Corgand Janeway-Svendsen from Westport and Jasmine Hilash from Ottawa, take on the roles of

Jacob Mercer and Mary Snow. Mary Snow, 17, is from Hickman's Harbour. She is employed as a servant by the Right Honorable Henry Dawe and his wife Lady Emma. Mary is engaged and soon to be married to the local school teacher, the son of a wealthy merchant in Coley's Point, Nfld. A year earlier, Jacob Mercer, 18, had left for Canada without even saying goodbye, and has spent the last year making cement blocks in the big city of Toronto. Now, just like his movie idol Tom Mix in *The Lucky Horseshoe*, Jacob plans on riding in and rescuing the bride from being married against her will. Except that Mary doesn't appear to want to be rescued...

Salt-Water Moon opens on Thursday, August 8 for twelve performances: August 8, 9, 10, 15, 16, 17, 22, 23 and 24 at 7:30PM and August 11, 18 and 25 at 2PM. Advance tickets are \$24 at Tickets Please (485-6434, ticketsplease.ca) and at the Studio Theatre box office on show nights. Save \$2 by purchasing advance tickets at the box office Saturday mornings between 10AM and noon. Students with ID pay just \$10 at the door, subject to availability. Save \$5 on opening night.

So don't be lazy as a cut dog... get on the go, b'y, and enjoy *Salt-Water Moon* at the Studio Theatre in Perth. It's a love story with the heart and soul of Newfoundland.

— Jane Stott

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Two events to ensure patients at the Almonte General Hospital have access to the best diagnostic tools and the best health care close to home

Almonte General Hospital • Fairview Manor Foundation

Paddle for Almonte General Hospital Saturday, August 10, 2019
Fairgrounds, Almonte

10:00 a.m.-11:30 a.m. Community Paddle- Free- Register day of event

10:00 a.m. Raft Assembly

12:00 p.m. Learn to Paddle-Free

1:00 p.m. Canoe and Kayak Races - \$20 per canoe or kayak
Register at paddleagh@gmail.com
Cash or Cheque for day of event payment

1:30 p.m. Raft Races-information and Registration raftraceagh@gmail.com

3:30 p.m. Presentation of Prizes

Free Entrance Family Fun
Donations for the Bucket

For more information: raftraceagh@gmail.com

PADDLE FOR AGH AUGUST 10, 2019
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A fundraiser for the Almonte General Hospital and Fairview Manor Foundation

Mississippi Mills River Run Walk

SATURDAY Sept. 7 2019

Womens Health and Obstetrics Unit

Events:
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3 km Walk Timed Event
5 km, 10 km Run Timed Event
5 km, 10 km Walk Timed Event
3 km Family Fun Event

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Humm Bits

Volunteers Needed at Sundance!

The Sundance Artisan Show is a three-day, 40-artist event held annually on Labour Day Weekend in Maberly, Ontario. We need enthusiastic volunteers who enjoy working outdoors and talking to people. Your main task will be to warmly welcome visitors. No experience required. If you are a student, we're happy to sign your School Volunteer Program form. Email us at <SundanceArtisanShow@gmail.com> or learn more at <sundancestudio.ca>.

Call for Artists & Artisans

Arts Carleton Place is seeking artists to participate in their annual Itty Bitty Art and Artisan Show & Sale, taking place November 2 and 3 at the Carleton Place Canoe Club. This is your chance to participate in a one-of-a-kind art show and sale for holiday shopping in a great setting along the Mississippi River! Arts CP is looking for vendors who produce original small paintings of all media, photographs, jewellery, pottery, blown glass, fused glass or works of wood as well as books. There is plenty of free parking at this venue with plenty of natural light. Last year the show had over 800 visitors and sales of almost \$11,000.

All works must be priced no higher than \$150 but there is no size limit. Twenty-five spaces are available on a first-come, first-served basis. The entry fee is \$80-\$90 depending on booth size (if you are not currently a member of Arts CP you must also add \$20 for membership dues with your registration). All spaces have access to electricity. Membership and applications forms are available online at <artscarletonplace.com> under the tab "art shows and membership". Only electronic registrations will be accepted. Show coordinator Suzanne Deschênes can be reached at <smdeschenes1951@gmail.com> if you have any questions. The registration deadline is September 1.

This show is presented by Arts CP and the Town of Carleton Place. A percentage of sales supports emerging art students through Arts Carleton Place's Bursary Program.

Fine as Binder Twine!

The Stone Fence Theatre Showband is being launched in 2019 to help the company reach out and travel to communities around the Valley. This year the Showband performs *Fine as Binder Twine*, a show full of comedy, fun, great music and memories of shows from Stone Fence Theatre's fifteen years of existence.

If you enjoyed past shows such as *The Train, Hippies Up the Line!, The Heart Institute, Say Moo!, Joan Finnigan, Mac Beattie* and others, you'll love this one too. *Fine as Binder Twine* features an all-star cast of Stone Fence veterans: Peter Brown, Evan Burgess, Chantal Elie-Sernoskie, Ambrose Mullin, Fran Pinkerton, Derek Tolhurst and Ish Theilheimer.

The Lanark County Genealogical Society is bringing this show to Beckwith Township on Sunday, October 27, but they are holding special advance ticket sales until August 10. Only \$45 includes the show as well as an Oktoberfest buffet supper — reserve yours by sending an e-transfer to <lcgspresident@gmail.com>. This performance will also include a special recognition of Jamie McMunn, newly inducted into the Ottawa Valley Country Music Hall of Fame.

Call for Vendors & Exhibitors

Calling all toy and collectible enthusiasts! United Way Lanark County is looking for vendors for their first ever *Fall Toy & Collectible Show & Sale*, set for September 14, 2019. Due to high vendor interest for the last show, organizers decided to add a fall show date, building on their annual Winter show (which is still taking place, on January 25, 2020). Whether you are a returning vendor, or weren't able to get a spot at the last show, now is your chance to secure your space!

With Christmas sneaking up sooner than we think, the fall show is a great time to help customers find the perfect gift for their loved ones. This is a wonderful opportunity to reach out to a new audience, and provide vendors with a chance to increase sales.

The event will once again be held at the Almonte Civitan Hall from 10AM to 2PM. To register your space, please visit <unitedwaylanarkcounty.ca> and click on the "Call for Vendors and Exhibitors" page, where you will find a form to download. Complete, save, and email the form to <ffscantlebury@unitedwaylanarkcounty.ca>. This year there's a special deal if you register for both the fall and winter shows!

Missive from My Office Desk Drawer

The middle drawer of my office desk is only a couple of inches deep and a bit over a foot wide. In it belong some simple necessities: a couple of pens and some scratch paper, extra staples, a pair of scissors, the twenty digit passcode for the wifi, a candle lighter, lip balm, a small tape measure and a set of earbuds. In the comings and goings of life, though, that tiny drawer becomes a catch-all for all kinds of odds-and-ends-and-bits-and-pieces that turn up in the daily round: items that accumulate on the top of the desk and the bottom of my pockets that need somewhere to go. In time, the drawer gets so full of the things of life that it is a challenge to find what I need.

Last week I took that drawer out of the desk and carefully removed everything, placing each item on the floor in front of me as though I was on an archaeological dig. The artifacts on display included two pairs of scissors, staples (new and used), post-it pads (ditto), four ballpoint pens acquired from four different hotels, eight extra-fine-tipped black markers, two dried up Sharpies, three crusty AAA batteries, a tiny orange-handled screwdriver, fingernail clippers, the corpses of a fly and a bug-with-way-too-many-legs, a handful of receipts faded beyond readability, two bank statements, a CD-ROM, four nails of various sizes, an old grocery list, a pot of Carmex, yellow ink for a printer that hasn't been used in five years, an assortment of birthday cards and anniversary cards from my husband, a photo of Sunshine-the-cat, and oh-so-many clumps of fuzz and dust. It was impressive.

The inside of the now-empty drawer was then wiped out with bleach water, spritzed with rosemary oil, and the simple necessities returned: three of those fine-tipped black markers and four pink Post-It pads went on the left, the candle lighter on the right, and a few other items neatly arranged between. The trashcan was filled with all the things that needed tossing, documents to be saved were filed away, and the extra pens and that little screwdriver ended up in a drawer in the kitchen to be dealt with on another day... and for the moment, all the world felt good and right.

Silly? Maybe. After all, it's just a small drawer. And it's only a matter of time before the flotsam and jetsam of life will take over again and I'll be back on the floor with a new batch of items arrayed in front of me, sifting and sorting the pieces, discerning what to keep, what to let go of, and what to set aside to tend to another day.

On some level, though, I know that this drawer cleaning ritual is symbolic of the bigger picture of life: order and purpose give way to disorder and lostness which give way to order and purpose again in all kinds of ways big and small, day-in and day-out, week-in and week-out, year-in and year-out. Clearing out the clutter every now and then — literally and figuratively letting go of things that no longer work, setting aside some things for another day, and making space for the things that matter — isn't just about getting organized. It's about renewal, revival, and hope; a ritual that makes life feel alive, if even just for a moment. I'll take it.

— Angie Arendt is the Director of Big Stone House: a Center for Courageous Living in Almonte <bigstonehouse.ca>



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Garlic, Kilts and Fair Play in Perth!

Oh, August in the beautiful ol' town — you've got us sweating and swimming, camping and kayaking, barbequing at the cottage, delighting in cold drinks by the Basin, and browsing our favourite shops in flip-flops. We know you've got us covered for iced tea and daiquiris, watermelons and corn on the cob, beach towels and suntan lotion, and plenty of goings-on to keep us sun-drunk-busy through Labour Day. And we're thankful for your summery sweetness and all these new memories. Before you go, please know: we don't want you to leave.

by John Pigeau

Now let's get to some of those goings-on, shall we.

The folks at BarnDoor Productions know it's summer, and they're turnin' up the heat, staging one of their most anticipated productions in decades: *Macbeth*. This audacious undertaking will mark the community theatre's 128th production, and their 12th time staging a play



Perth stinks! But only during the annual Garlic Festival, taking place this year on August 10 and 11

by Shakespeare. "Love and betrayal; mists and moors; witches and tyrants, death and murder." The theatre company is billing *Macbeth*, arguably one of the greatest plays ever written, as "the real Game of Thrones." David Jacklin directs, and veteran actor David Bird plays the lead. Interestingly, the actors wielding swords in this production will be using real ones, made by Tay Valley blacksmith Don MacKay. Opening night is August 2, and the play runs through to the 18th. For performance dates and times, including three matinées, please visit <barndoopruductions.ca>. Tickets are \$22 reserved, \$20 at the door, and \$10 for students. To reserve yours, please call the Full Circle Theatre at 267-1884.

In Perth, in summer, one thing you can always count on is hearing wonderful music in the park. The Perth Citizens' Band continues

Stand-up Bass for Sale

3/4-scale double bass with K&K Bass Master Rockabilly pickup system. This bass has served me very well for almost 20 years in many musical settings but now she needs a new home. Email rob@thehummm.com for info or to come try it out.

*Lanark County is
"Fine as Binder Twine"*

Stone Fence Theatre Showband
comes to Beckwith Township!
Sunday, October 27, 2019

Twinetastic BBQ Buffet 5-6PM
Fine as Binder Twine Roadshow 6PM
includes a special recognition of Jamie McMunn, newly inducted into the Ottawa Valley Country Music Hall of Fame

Advanced tickets: \$45 (includes Oktoberfest buffet supper)
e-transfer payment to lcgspresident@gmail.com

its **Summer Pops Concert Series** in August with performances on August 8 and 22 in the bandshell adjacent to Stewart Park. Even if you were on the bridge watching fish, you'd hear the delightful music. But most folks plunk down a lawn chair in the park — and some a picnic supper — to enjoy the delightful sounds. How you'd like to enjoy the evening's performance is up to you, of course, but please note the concert begins at 7:30PM.

It's happening again: the "garlic heads" are coming. So you'd best prepare your taste buds for the 22nd annual **Perth Lions Garlic Festival**, which will take place the weekend of August 10-11 at the venerable Perth Fairgrounds. Always a highlight on the summer calendar of festivals in Eastern Ontario, the Garlic Festival brings together garlic lovers and producers, promotes Ontario-grown garlic, and provides a delightful time and place for all to share ideas on how to grow, harvest, market, cook and enjoy garlic. It's an interesting, delightful weekend, enjoyable for the whole family.

What fascinates and delights me most about this flavourful festival is the food — essentially, everything is better with garlic: from butter tarts to chicken wings to fiddleheads. You'll see. And you may wish to bring a canvas bag or two to carry home your haul of fresh garlic and products.

The Garlic Festival features more than 75 garlic, artisan and food vendors, live music, and the always astounding and thoroughly entertaining Birds of Prey shows, both Saturday and Sunday. It's an interactive weekend too: you can enjoy some honey garlic ice cream made by Tracey's Ice Cream from Renfrew, learn how to braid garlic, or delight in one of the fine dining cooking demonstrations by chefs from Maximilian Dining Lounge and the Perth Manor Boutique Hotel. There will also be beer, wine, and liquor tasting.

There is free parking at the Fairgrounds, and admission is only \$5 (and free for children under 12). Every dollar from the Garlic Festival goes back into the community for projects supported by the Lions Club of Perth. Organizers ask that you please keep your pets at home. For more information about scheduled events, please visit <perthgarlicfestival.com>.

The 10th annual **Perth Kilt Run** will take place this year on August 17, but things have changed a

wee bit. The Kilt Run is now part of **Freedom Fest**, a new, free music festival in Stewart Park happening Saturday and Sunday, August 17 and 18. The Kilt Run begins at 4PM, starting and finishing on Mill Street beside the park. Runners this year will follow a new course (said to be the "best yet"), receive a special 10th anniversary medal, can take part in the Canadian Haggis Hurling Championship (which is free and open to all), and, post-finish line, continue on into Stewart Park and enjoy all the great music at Freedom Fest. For many more specifics about the Kilt Run, please visit <raceroster.com/events/2019/21844/10th-perth-kilt-run-2019>.

Celebrating its first year, Freedom Fest is a two-day free music festival in Perth's most beloved park featuring top Juno and CMA award nominated acts. There will be fun activities for the entire family all weekend, as well as inspirational Christian music. The impressive musical lineup includes some truly top-notch talent: Dan Bremnes, The Color, Warren D Flandez, Ali Matthews, The Commissionaires, Colin Bernard, The Proverbs, Ken Whiteley, and The Dirty Dishes. For a full schedule of events, and a whole lot more, please visit <freedomfestperth.com>.

If there are any runners with some energy left after the Kilt Run, you'll likely find them at the last big race of the summer — the 112th annual **Glen Tay Block Race**. This long-standing run, which starts and finishes on Gore Street in front of the Perth Museum, takes place on Thursday, August 29 at 6PM. The route follows the iconic Glen Tay Block. For details or to register, please visit <glentayblock.com>.

The 174th **Perth Fair** will be held from August 30 to September 2 at the Perth Fairgrounds. Hosted by the Perth and District Agricultural Society, the Fair — steeped in tradition and history, rich in nostalgia — features agricultural displays and shows, a midway, a demolition derby, food vendors for kilometres, live music on the Grandstand Stage (including Matthew Runaway, The Cronies, The Bowes Brothers, Amanda Jordan, and Ambush), children's entertainment, and so much more. Please visit <perthfair.com> for ticket pricing and a full schedule of events. It all starts on the Friday at 11AM and runs through till Monday at 4PM. Enjoy, folks. Oh, and if you get to the pie auction, dig deep — sincerely, those pies are delicious!

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The Calabogie Summer Market held a Wood, Clay, Glass and Metal Craft Day on July 13. The Outaouais Wood Carvers Guild and the Mississippi Mills Carvers Guild were among the 57 vendors.

Special Days at the Calabogie Market

The Calabogie Summer Market has become a great Saturday draw this year! It attracts vendors from Renfrew, Dunrobin, Almonte and Carleton Place (to name a few), and is free to vendors who wish to set up a booth. Although the vast majority of market-goers come from the Valley (Almonte, Calabogie, Renfrew, Carleton Place, etc.), others come from as far as Toronto, Scarborough, Cornwall and St. Catharines. Calabogie vacationers from Florida, Pennsylvania, Australia and Arizona also take the opportunity to visit.

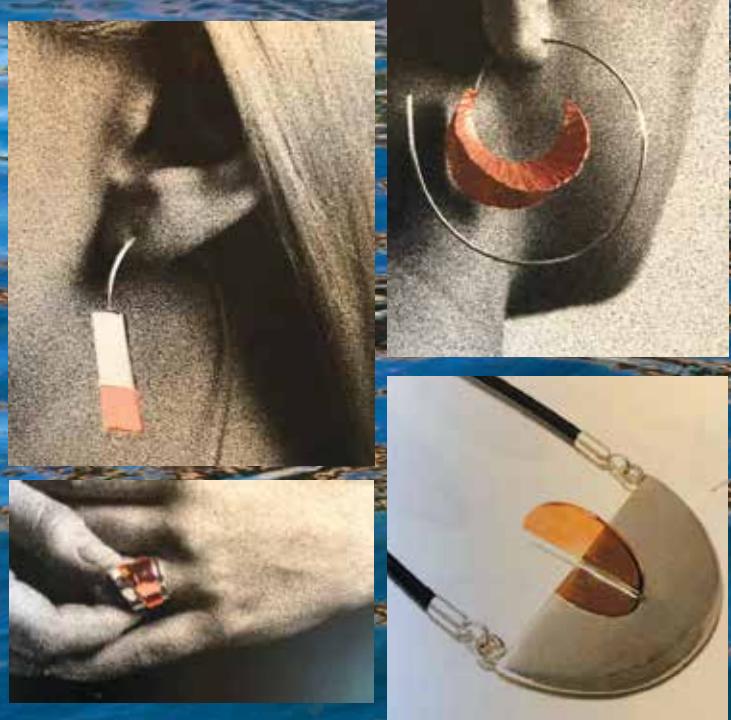
The market runs every Saturday from 9AM to 1pm at the Calabogie Community Centre, located at 574 Mill Street in Calabogie. Upcoming theme days include: Flavour of the Season (featuring a tomato-fest) on August 10, an Art Show celebrating Ottawa Valley artists on September 7, a Seniors Day (a tribute to all area seniors who contribute many volunteer hours in the community) on September 14, and an End of Market Celebration featuring a bulk food harvest, fall flowers and more on September 28.

For more information, please visit calabogiemarket.ca or email info@calabogiemarket.ca. Come join us!

— Lucie Perrier is a Councillor in Greater Madawaska

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Mayors' Monarch Pledge

Lanark County is taking strides to support and promote restoration of pollinator habitat through several initiatives, including its recent proclamation of the Mayors' Monarch Pledge Day on June 26.

"Lanark County's goal is to create diverse roadsides with an abundance of pollinator habitat through practices of planting flowers, seeding disturbed soil, improving maintenance practices and by participating in new projects aimed at improving pollinator habitat," explained Michelle Vala, vegetation management intern.

The National Wildlife Federation Mayors' Monarch Pledge is a way for municipalities to create habitat for the monarch butterfly and pollinators, and to show citizens how they can help. Municipalities taking part must commit to undertaking at least three of 25 action items within a year of taking the pledge. "Lanark County has already completed several activities contributing to pollinator habitat restoration," Ms. Vala said. "Since we have completed more than eight actions, we would be recognized as part of the Leadership Circle."

Among other activities planned this year is a multi-year project to convert about three acres of mowed grass on county property near the administration building to a pollinator patch. Planting of native seeds would be completed by county staff and available Canadian Wildlife Federation (CWF) personnel. Consideration is being given to creating a pathway through the area to provide additional educational opportunities to the public. Lanark County is seeking volunteers to assist with this project.

The monarch butterfly population is declining and faces extinction due to habitat loss, broad-scale herbicide and pesticide use, and climate change. The County is part of the CWF's new monarch butterfly recovery project in eastern Ontario through an Ontario Trillium Foundation Grant and in part-

nership with the National Capital Commission and Hydro One. Through this project, CWF is testing whether the creation of native meadows along roadsides and rights-of-way could successfully control wild parsnip, while restoring monarch butterfly habitat and reducing management costs.

"We encourage the public to learn about these projects and ways they can help us to create or restore habitat that is friendly to pollinators, including the monarch butterfly," said Janet Tysick, public works business manager.

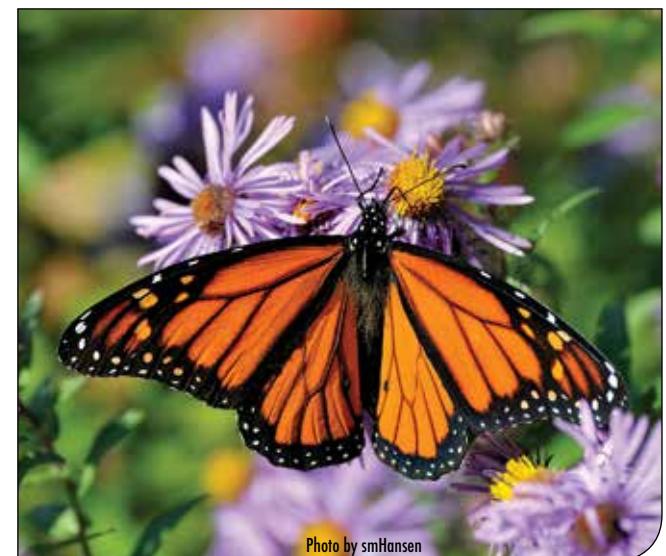
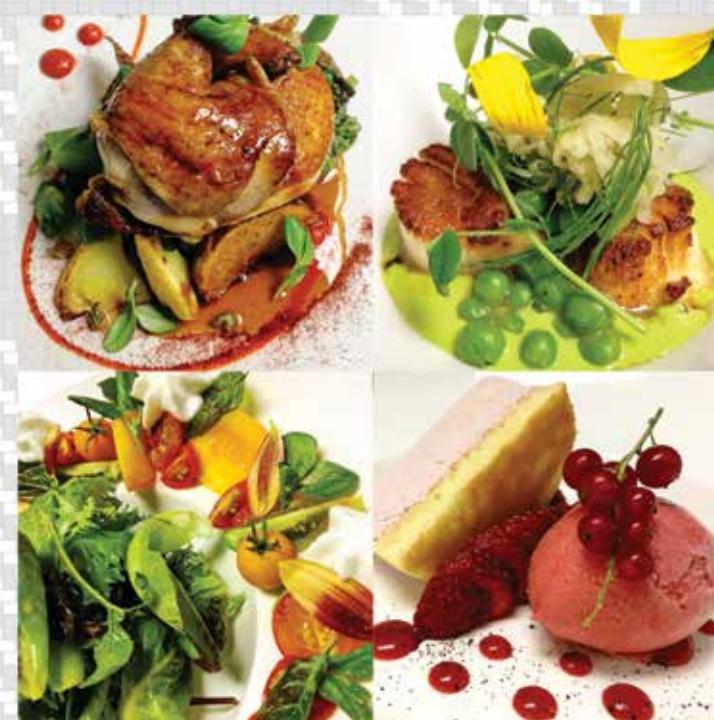


Photo by smHansen

"Through the Mayors' Monarch Pledge, we have a chance to take a leadership role in eastern Ontario and to be a role model for other communities," said Warden Richard Kidd (Beckwith Reeve). "I challenge other local officials across our beautiful county to take a stand with me so that the monarch butterfly will once again flourish across the continent."

More information about this initiative, as well as a list of action items, can be found at nwf.org/MayorsMonarchPledge or by contacting Michelle Vala at mvala@lanarkcounty.ca or 267-1353.

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Miss Mills' Bicycle Postcard Project

The bicycle postcard project confirms it: Mississippi Mills is in love! After a month of mostly glorious weather during June's Bicycle Month, all the festivities have come to an end — the street party and potluck on Mill Street, the Silver Chain Challenge, the creatively-themed guided rides around our community, the PorchFest de Mississippi Mills, the professional cycling races — there really was something for everyone!

And then there was the Bicycle Postcard Project — a way for all participants, from the very young to the not-so-young, to share their feelings about what their bicycle means to them — on stunning postcards provided by Mill Street Books.

Here are just some of the comments from these postcards:

- "My community is best seen in person. It's not the destination but the ride — I feel like a kid every time I ride, and this town allows me to experience what living in Almonte feels like." — Ken
- "I love my bike because it makes me see the world around me and stop to explore when the fancy takes me. It also makes me feel young even when the mirror doesn't." — J
- "I love biking because I love to feel the wind going through my hair. I feel free when I bike and I love to look at the Nature going by." — Eve
- "I love cycling! Feel good in my bones and my brain." — Karen

- "Biking has helped me rediscover the town I grew up in with my son...and he loves it!" — Jamie
- "Biking is therapy, freedom, exercise and relationship building." — John
- "I like biking cause going off-road is exciting and the fact you can do tricks and move without doing pollution." — Gabriel
- "My bike always puts a smile on my face!" — Paul
- "It gives me freedom to ride around the neighbourhood and visit friends and go to the skate park." — Nathan
- "My children and I bike around our town. I feel like I'm teaching them how to drive by pointing out signs and explaining 'right-of-way'. They just like being with Mom." — Lucy

To view photos of the postcards, please check the Mississippi Mills Bicycle Month website <mmbm.ca>. You can also read all of the postcard comments online at <mmbm.ca/2019-postcard-comments>.

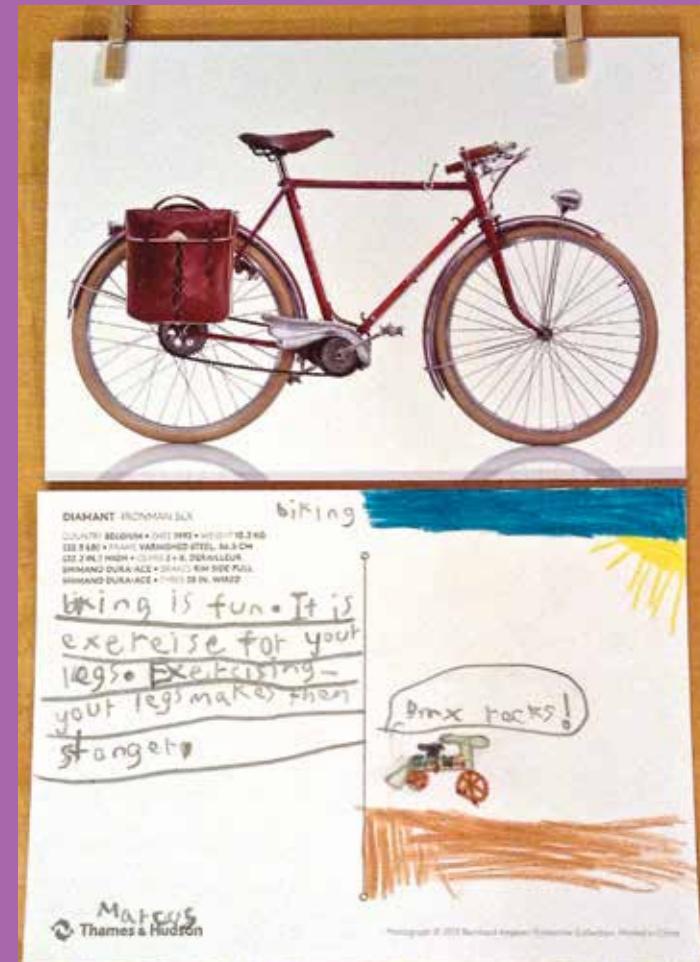
The message is clear: Cycling enhances the lives of so many in our community — it provides joy, fresh air, a closer connection with people and nature, aerobic exercise, and a cheap, quick mode of transportation. Imagine if even more people biked! There would be less pollution, traffic congestion, isolation, and illness. Let's support cycling in our municipality by making it safer and easier to pedal around!

Many thanks to Scoops and Penny's Fudge Factory in Pakenham, Mill Street

Books and Equator Coffee in Almonte, and the Pakenham and Almonte branches of the Mississippi Mills Public Library for providing venues for this project, and to Mary

and Terry Lumsden of Mill Street Books for providing the unique bicycle postcards that inspired so many people.

— Theresa Peluso



Whether you are heading back to school, back to work, or just back to your routine after the dog days of summer...

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Saturdays @ 10 am **Historical Walking Tours**

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smithsfalls.ca

Saturdays in August **Voyageur Paddle Tours**

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rideauroundtable.ca

August - Thursday nights **Movies Under the Stars**

Centennial Park

Facebook:

MoviesUnderTheStarsSmithsFalls

August 3rd **Heritage House Museum Market & Music Day**

Local vendors & artisans at Heritage House Museum.

Facebook: HeritageHouseMuseum

Starting August 7th **Murder Mystery & Ghost Walk Tours**

Explore the oral traditions of Smiths Falls.

Facebook: HeritageHouseMuseum

August 9th - 11th, 15th-18th **Narnia**

Local production of the beloved novel by C.S. Lewis.

smithsfallstheatre.com

August 10th
Race the Runway
Canada's fastest, most extreme car event. Over 100 cars racing the runway.
Facebook: RaceTheRunway

August 10th
Pride
Parade, live music and more!
Facebook: SmithsFallsPride

August 16th-17th
Live at the Falls
Blues festival located at the Gallipeau Centre.
latf.ca

August 24th
Tweed Shindig
A party you will not want to miss located on Tweed's front yard!
tweed.com

August 24th & 25th
Trainfest
Live music, interactive tours, rail vendors and more.
rmeo.org

August 24th & 31st
Outerbridge illusionist Show
Contact the Station Theatre for times of this world class show!
smithsfallstheatre.com



This year's Smiths Falls Creative Arts Fair takes place on August 17 and features live music, dance & magic, artists and craftspeople, and lots more!

Creative Arts Fair is Full of Surprises!

After the success of the 2018 Creative Arts Fair in Smiths Falls, this year's event is going to showcase so much more! The 2019 committee, governed by the Smiths Falls & District Arts & Culture Council, has been working over the last year to provide residents and visitors alike with more artistic and cultural elements at this year's fair, which will be held on August 17 from 10AM until 3PM outside the Smiths Falls Memorial Community Centre.

The Main Stage will offer the musical talent of Tom Watson, Umberlune, Ian & Chris, and Impact. New attractions will be on display, including 3D printing, leather working, a community canvas, inflatables, and a second stage with mixed variety acts featuring dance, magic, singing and more. You'll be sure to bump into returning artists like metal sculptor Christopher Banfalvi (owner of Dark Genesis), henna tattoo artist Jade Gilchrist of Henna by Jade, and dance choreographer and instructor Sarah Abbas (owner of Flare Dance Studio). Although the Creative Arts Fair focuses on artists within the region, artists and cultural groups will be attending from across Ontario to showcase and demonstrate their

skills as well as answer questions for those interested in a particular skill or discipline. This free community event would not be possible without the dedicated and hard-working volunteers from the Smiths Falls District Arts & Culture Council and the following generous sponsors: The Town of Smiths Falls, On the Roll, Le Boat, Metroland Media, DM Multimedia, Milano, Rideau Candy Shoppe, and CIBC. For more details, visit smithsfallsarts.ca/arts-fair.



Market & Music Days and Cemetery Tours

The Smiths Falls Heritage House Museum will be hosting Market & Music Days every Saturday throughout August. These events will provide music, fun, games and activities for the whole family while also featuring local vendors and artisans. Take a tour of the beautiful 1860s museum featuring period rooms and exhibits, then head outside and enjoy live music, pizza from the bread oven, surprise guests and fun in the sun!

Market & Music Days are scheduled for August 3, 10, 17 and 24 from 10AM to 2PM. For more information, contact the museum at 283-6311 or heritagehouse@smithsfalls.ca.

Cemetery Tours

Every Sunday in August, trained tour guides will lead visitors through the historic Smiths Falls cemeteries, discovering superstitions, symbolism and cemetery design. Each cemetery also holds an amazing record of former residents with stories of missionaries, veterans, dignitaries and everyday people alike.

Pre-registration is requested by calling 283-6311 or emailing heritagehouse@smithsfalls.ca.

Tours run from 1-2:30PM and are \$10 for adults and \$5 for ages 12 and under.

Acclaimed Theatre Organist Plays Perth

At 7PM on Friday, August 16, the internationally-renowned organist Lance Luce will play the inaugural concert of Eastern Ontario's newest theatre organ. This 40 rank, 3 manual digital instrument is located in Perth's Creative Community Hub at St. Paul's United Church (25 Gore St. W.), which is now air-conditioned and fully accessible.

The repertoire will include music to "tap the toes" of all generations, with sounds and effects along musical roads less travelled, including Broadway hits, jazz, ballads, blues, rock, marches, silent films and even sing-along. Truly something for everyone, to whet both nostalgic and contemporary tastes!



Superstar organist Lance Luce at the theatre organ high above the ice at Little Caesars Arena, home of the Detroit Red Wings

A native of Michigan, Lance Luce continues to enjoy an extraordinary career at the keyboards. At 19 he became the youngest Head Staff Organist at Radio City Music Hall on the largest Wurlitzer ever built. He has played concerts widely through the US, Canada, Britain and Australia.

For eight years he was the resident organist of Toronto's Organ Grinder Restaurant, where he performed for over a million patrons. The American Theatre

Organ Society named him Organist of the Year in 2014. Most recently he has become head organist for the Detroit Red Wings at the new Little Caesars Arena.

Lance has been an organ consultant as well as designer of some 350 installations for churches, homes and institutions. He is practised in pipe organ maintenance, including voicing and interfacing with electronic organ design. So it is a pleasure to welcome Lance back to Perth, where he has played many concerts on the 40 rank pipe organ — including its 15 rank digital addition some twenty years ago. Oh, did we mention that he has also been a church organist for 43 years?

If you have yet to experience a performance or event at the totally refurbished meeting place at St. Paul's, you will be amazed at this unique space, which feels intimate whether there are 100 or 500 people in the audience. It is fast living up to the moniker "Creative Community Hub", and its acoustics have become livelier than ever. At their virtuoso performance in May, brilliant international cellist Eugene Friesen and pianist Joel Martin repeatedly lauded its ambience and sound qualities. Over

coffee afterwards — unsolicited — they simply confided: "this is a world-class hall".

Be part of this refreshing mid-summer concert in the cool of "The Hub" at St. Paul's in Perth! Tickets are \$20 for adults, \$10 for students, and free for children under 12. They are available at the door or from Tickets Please: <ticketsplease.ca>, 485-6434, 11 Gore St. E. in the Perth Visitors' Centre.

— Bob Sneyd

Blueberry Tea at Union Hall

Summer is back and once again it's time for the folks at Union Hall to open the doors for their annual Blueberry Tea, taking place on Sunday, August 25. Everyone is invited to join neighbours and friends for blueberries with fine pastry and tea or Equator coffee in this old-fashioned celebration of summer. Doors are open from 1–4PM.

Union Hall has been a focal point for social gatherings for over 150 years — from church services to the temperance movement and from Women's Institute gatherings to acting as a public library. Today, with support from Mississippi Mills, the volunteer committee works

to preserve and maintain the building, home to so many local community events. Admission to the Blueberry Tea is free, but donations are appreciated!



Don't miss this delicious community event taking place on August 25

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SPECIAL GREETINGS, 8 RUSSELL STREET EAST, SMITHS FALLS

Classic Theatre Festival**Mystery-Thriller Follows Shaw's Most Popular Play**

For those who remember the 1960s and 1970s, there were certain spine-tingling bedside table titles that were always kept away from the kids. Among the most popular of them was Ira Levin's *Rosemary's Baby*, a story about a young woman who believes her offspring is not of this world.

Levin, who went on to write such blockbuster titles as *The Stepford Wives* and *The Boys from Brazil*, was also a successful playwright, whose longest-running Broadway hit arrives at the Classic Theatre Festival in Perth on August 16. *Deathtrap*, dubbed a "comedy-thriller," is a 1970s homage to the mystery thriller genre. While it pays tribute to such classics as *Wait Until Dark*, *Dial M for Murder*, and *Angel Street* (all previously produced on the Festival stage), it opens up new territory in its cleverly constructed plot about a failing Broadway playwright who will do whatever it takes to get his hands on a "killer" script.

Author Stephen King describes Levin as: "the Swiss watchmaker of suspense novels; he makes what the rest of us do look like cheap watchmakers in drugstores." The script for *Deathtrap* is no exception, given its intricate plot devices and a structure that keeps audiences guessing right up until the final curtain. That the plot is equal parts comedy and suspense is no surprise either. Levin also brought to the screen the film that launched the career of comedian Andy Griffith, *No Time for Sergeants*.



Photo by Jen-Denis Labelle

The world of two "confirmed old bachelors" – Henry Higgins and Colonel Pickering (Jeffrey Arales and Nicholas Rice) – is upended following a chance meeting with a cockney flower girl in Shaw's *Pygmalion*, the inspiration for *My Fair Lady*. It's playing at Perth's Classic Theatre Festival until August 11.

Starring Festival veterans Scott Clarkson, Catherine Bruce and Colin Legge, *Deathtrap* also features newcomers Naomi Costain and Andrew Di Rosa, who have both appeared on stages across Canada.

Meanwhile, fans of the musical *My Fair Lady* can still catch the source material — Shaw's most popular play, *Pygmalion* — running until August 11. This legendary battle of wits between Eliza Doolittle and Henry Higgins tackles a range of subjects, from class and gender to particularly British mannerisms and accents. Tickets for the remainder of the Festival's tenth anniversary season are available at classictheatre.ca or 1-877-283-1283.

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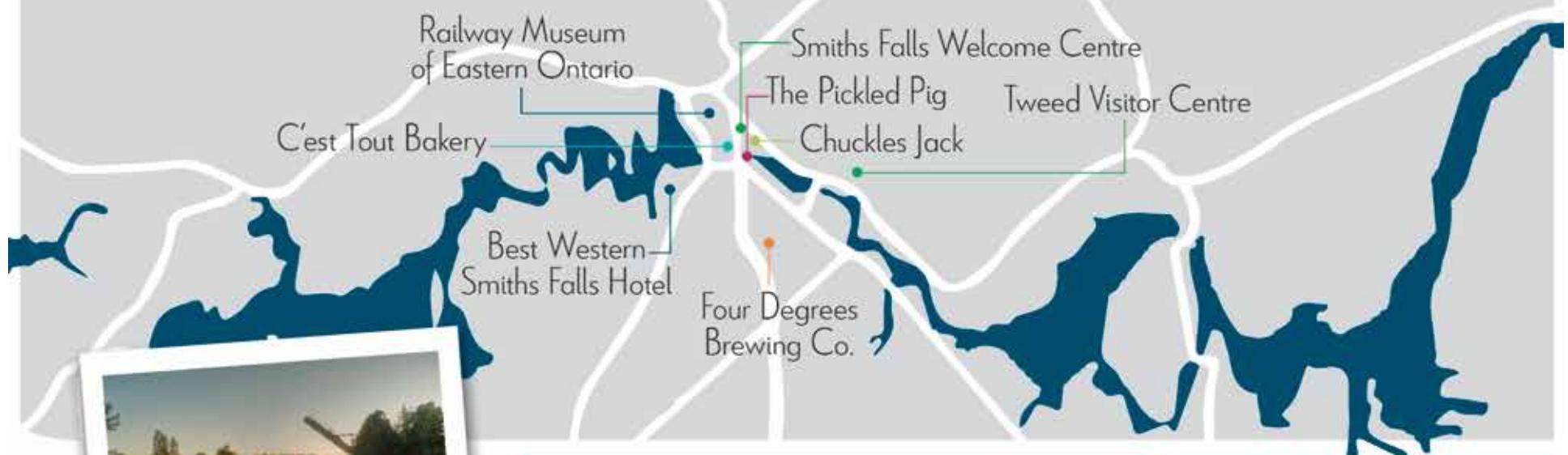
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Jim Arendt: Those of Us Still Living

More than a hundred years ago, German artist Käthe Kollwitz's lithographs, etchings and sculpture had people talking on both sides of the Atlantic. Her subject? Working people, their life-long cry for justice. *The Weavers' Revolt* (1898) and the anti-war posters Kollwitz created with Otto Dix are truth-telling statements even today. So too is the work of Jim Arendt, now on display at the Mississippi Valley Textile Museum until September 14.

The subject of Arendt's sculpture and assemblages is workers and their lives. In his work we see portraits of people, hard-treated, who retain their humanity in exploitative, uncertain times. All are people the artist knows or has known. Jim Arendt grew up on a farm outside Flint, Michigan. In recent years, the region has lost 80,000 manufacturing jobs. Today, the city's waters are befouled with lead.



Walking into the gallery, we first see several standing sculptures — each a scary being, pale, tall, thin. There are seven in all. The rest of the exhibition tells their story and more to "those of us still living."

In the artist's work, the visitor will soon recognize folks very like those we also know among our friends, neighbours, and families. *Eryks* (2015), for example, is the doubled portrait of one big, tough man. Look how Eryk swings that braided "snake" about. Can he clear a blocked bit of plumbing? No doubt. Could he stop a barroom fight? Very likely. What has become of Eryk? Was it his heart? Is that the shape we also see in Arendt's composition?

Against the far wall is a large sculpture that appears, at first glance, to reference aviator's wings. The "wings," however, are a doubled portrait of a recumbent woman. She holds a can aloft. Despite the "PURE" label emblazoned on the work, be assured nothing is safe to drink in Flint, Michigan. This is a portrait of Adrienne.

Robs: Permanent Vacation (2015) is another doubled portrait. Here we see Rob in sunglasses, hands over belly, peaceably floating about on an innertube. Rob is a contented man on vacation. But why is his holiday "permanent?" Has Rob been laid off work? Fired? Or, is it something else? The outline of Rob's doubled portrait is that of human lungs. Mesothelioma.

More than fifteen portrait compositions hang larger-than-life on the walls of the gallery. *Catherine* (2015), for example, has much too much to do. Her distress at being unable to be all things to all people is quite visible in Arendt's composition. *Yvette and Ansley* (2010), on the other hand, have one another. Not so *Mike* (2011). Once he held a child in his lap, now no longer. We see only the child's absence.

The artist's medium is denim, well-worn denim. All of the fabrics have been given to him by others. Yes, people throughout the land have given the artist their own best-beloved blue jeans to use in his work.

Arendt constructs and sews it all himself using cast-off sewing machines, including his grandmother's Kenmore.

The July 13 opening of the exhibition included remarks by Christa Lowry, Mayor of Mississippi Mills, and Michael Rikley-Lancaster, Executive Director / Curator of MVTM, as well as the artist. Jim Arendt held everyone's attention when he removed the head of one of his standing sculptures to show the guests its armature, one designed to enable the work to be safely packed for travel to faraway places. Arendt said of his work: "I make things to last as long as possible so that [people can see] work has value. The act of making anything is kind of a subversive act in our society today."

Art students everywhere are taught to use the materials of their own lives honestly. They are also taught to know how and why others throughout history became artists. I can well imagine Käthe Kollwitz and Jim Arendt sitting at the same table. They are truly "cut of the same cloth."



See Jim Arendt's life-size works in denim at the Textile Museum in Almonte

Returning for Fibrefest

Jim Arendt is a professor of art in the US at Coastal Carolina University, South Carolina. His work has been displayed and honoured internationally, including Germany, Azerbaijan, Canada, Australia and Korea. In the fall, Arendt returns to Almonte for Fibrefest, taking place from September 5–8. He will be conducting a workshop on figurative appliquéd. For further information, please contact the Textile Museum at 256-3754 or visit <mvmt.ca>. Registration is limited to 15.

— Maureen Korp is a writer, historian and lecturer who reads theHumm faithfully.

2019 Theme: Bees & Honey

PAKENHAM FAIR

August 17, 2019
exploremississippimills.ca
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2019 PAKENHAM FAIR HIGHLIGHTS

7:00 to 9:00 a.m. – Breakfast, Fair Grounds Concession Stand
Special Thanks to the MacMillan's Ladies Broomball

9:00 a.m. Bake Sale, Stewart Community Centre, Lobby - Sponsored by the Zion UCW

9:00 a.m. - 4:00 p.m. Viewing of Fair Exhibits, Craft Show,

9:00 a.m. - 4:00 p.m. Farmer's Market and Displays

9:30 a.m. - 4:00 p.m. Horse Show, Ball Diamond beside Canteen

10:00 a.m. Man's Best Friend Contest, Special Event Tent
Children can bring their dogs to the fair and enter them in this fun contest. Prizes!

10:00 a.m. 4-H Calf Show, Fred Millar Field – A great show!
This competition is organized by the 4-H Calf Club and features both Dairy and Beef

10:00 a.m. Petting Farm, in the tent beside Ball Diamond.

10:00 a.m. - 3:00 p.m. Children's Activities, Bouncy Castle, Face Painting

11:00 a.m. BBQ and refreshments, located at the Canteen.
Special Thanks to the Fire Fighters of Station 2 Pakenham for barbequing.

11:30 a.m. & 1:30 p.m. Children's Entertainment

12:00 Noon Official Opening of the Fair Come celebrate with Arnold Polk of Polk Honey

1:00 p.m. Frog Jumping, Children's Tent beside Ball Diamond
Special note: All frogs will be returned to their home at the end of the race.

3:00 p.m. Draw for door prizes

www.facebook.com/pakenhamfair/

 Mississippi Mills

Mississippi Mills Movies in the Park 2019

Thursday Nights at Dusk
A different location each week!

All events are free. Sponsored by Rental Village Carleton Place & the Municipality of Mississippi Mills with help from our awesome neighbourhood volunteer committees.
For more information call 613-256-1077.



August 8
Gemmill Park
Bridge Street
Almonte



August 15
Fred Millar Park
Past the beach
Margaret St., Pakenham

August 22
Appleton Bay Park
River Rd.
Appleton

August 29
Almonte Library
155 High St.
Almonte

Movies play at dusk (when it's dark enough, approx. 9PM)
Pre-activities organized by neighbourhood volunteers start between 7-8PM

An Active August in Mississippi Mills

Remember when summer meant sleeping in, lounging on a beach towel, sitting 'round the campfire, reading in a comfy chair in a summer breeze? Well, I hope you still take some time to enjoy those traditional summer pastimes... but not for too long, because there are tons of events happening in Almonte and Pakenham this month! Need more encouragement to get off your keister? I've got four reasons for you.

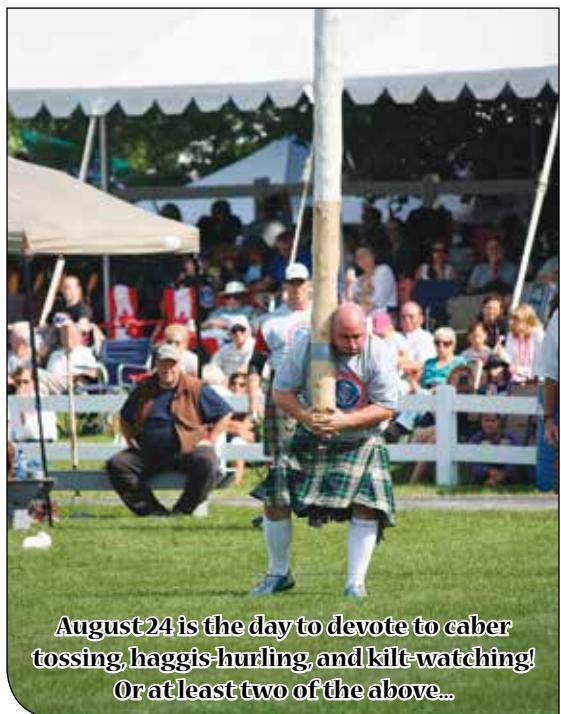
by Miss Mills

1. To help a good cause!

We all end up at the Almonte General Hospital at some point, so why not help them fundraise? Grab some friends and join the fun at **Paddle for AGH** on August 10 at the Almonte Fairgrounds. You can build a raft and see if she be yar (or at least buoyant), or join in the canoe and kayak races.

More of a landlubber? Register now for the **Mississippi Mills River Run/Walk** on September 7; there are various types of walk/run offered, with distances of 3, 5 or 10 kms. You can help raise money for the hospital while doing something healthy to keep you from *needing* the hospital!

And for something a little less athletic but still great for the lungs, come out to **SING!** with Jennifer Noxon on August 14 (7–9PM) to raise money for SchoolBox (see article on page 20).



August 24 is the day to devote to caber tossing, haggis-hurling, and kilt-watching! Or at least two of the above...

2. Because we're, well, us!

What do James Naismith, Scottish traditions, puppets, and farming have in common? Mississippi Mills!

This year brings a new and improved and even more exciting incarnation of our annual basketball tournament, with new partner Canada Basketball: the **Naismith 3X3 Canada Quest Basketball Tournament**. In addition to the usual youth and adult division competitions on August 10, there will be Elite division round robin games in the arena that day (with their play-offs on Sunday). Spectators welcome!

Whether you're a farmer, a rancher, an animal lover, a gardener, a music lover, a parent, or simply have a pulse, you should get out the best little traditional country fair in town — the **Pakenham Fair** — on August 17 at the Stewart Community Centre. Breakfast starts at 7AM, even if you don't! If a \$6 bacon and eggs (and beans and toast and coffee) breakfast can't get you to the Fair before 9AM, you'll just have to hit the Bake Sale in the lobby, the BBQ, the canteen, or the adult Refreshment Garden. There will be a petting farm and pony rides and other activities for kids over by the ball diamond, in addition to the horse show, calf show, and family favourite: frog jumping!

Having celebrated our Irish heritage in July, we now celebrate all things Scottish at the **North Lanark Highland Games**, August 24 at the Almonte Fairgrounds. Although the competitions begin at 9AM, the real action starts with the Opening Ceremonies at 1PM. There'll be athletic men and women throwing stuff, strong girls dancing with swords, laughing children throwing mini-stuff, fried foods, everything tartan, and the sound of bagpipes forever in the air. Fit mair cood a quine esk fir?! Well, how about some puppets?...

Start the day on August 24 by bringing your kids to a puppet show in downtown Almonte, just like old times... well, sort of. Curious & Kind is hosting Rock the Arts' **Animal Adventure puppet show** at 10AM. The price is a sliding scale of \$10-\$20, so if you can afford the \$20, you can pay it and feel good knowing you are helping a child attend whose parent might otherwise be unable to afford it.

3. Because it's not snowing!

You know this warm weather won't last forever, so we may as well move some indoor activities *out*, right? You and the kids can enjoy **Movies in the Park**, for free, every Thursday in August, each at a different location. Come early (7–8PM) for other fun events, but the films will start at dusk (9PM-ish). They begin with the new *Dumbo* on the first and finish



From the Pakenham Fair to the Highland Games, there's so much to do this month! Almonte's newest venue — Curious & Kind — will be hosting several events, including an Animal Adventure puppet show by Rock the Arts.

with an old favourite: *The Princess Bride*. See the Humm calendar or <exploremississippimills.ca> for full details.

Perhaps your taste in the dramatic runs to the even *older* favourite? Catch some Shakespeare in the park when A Company of Fools performs **Romeo & Juliet** at The Herb Garden on August 7 at 7PM (suggested donation: \$20).

More of a sit-and-relax-in-the-beauty-of-nature type? Take **Tea on the Lawn** between 2 and 4PM in a beautiful location: the Mill of Kintail (Wed./Sat., \$3-\$5) or the North Lanark Regional Museum in Appleton (Thurs., \$5).

4. Because we are all different!

One of the great things about Mississippi Mills is how it welcomes people of all different backgrounds and interests. And that is a sly way of fitting in a few events that don't fit in with my "get outdoors" theme.

On August 18, come to the Old Town Hall for Alliance Coin & Banknote's 3rd annual public **Coin Auction**. In addition to world coins, you can see interesting medals, tokens and assorted collectibles <alliancecoin.com>.

Looking for some fun with your child that is a break from the traditional? Here is a special event for children aged 3 to 12, along with a parent. At **Manifesting the Magic in You**, Lilly White will lead you both through making magic wands, discovering your child's inner potential, and more. The cost is a donation to Curious & Kind, your host <curiousandkind.ca>. Find them in the Heritage Mall, at the bottom of Mill Street. Want to manifest the magic in yourself, but aren't too sure what all these new-age terms are all about? On August 21 at 7PM, also at Curious & Kind, Lilly will also host **Demystifying Mysticism**, where she will discuss concepts such as archetypes, angel readings, meditation, conscious evolution and more. Whatever your beliefs, it's bound to be an interesting question and answer period. This event is also by donation.

Sounds like we'll be pretty active in August! Don't worry — you can take Labour Day weekend off... but mark your calendars for the **Seniors Expo**, September 5!



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perthfarmersmarket.ca



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Sat. Aug. 31

Rack 'n Tunes with Shawn McCullough (Country/Guitar), 7–10
Jazz Night with Spencer Evans Trio, 8–10, \$5
Head Over Heels on the patio (Blues/Folk, Gananoque) 12:30–3:30
Enid Goodman: A Celebration Of Joni Mitchell — songs + stories, 6–9
Logan Brown (Acoustic Soul, Perth), 6–9
The Broken Hearts Songwriter Circle, 7–10, \$15
Head Over Heels with Bass Extraordinaire Zak Colbert, 12:30–3:30
Nolan Hubbard (Folk/Rock/Pop, Gananoque), 6–9
Brea Lawrence with Shawn McCullough (New Country), 7–10, \$10
MUSICWestport Kick Off Party with The Steadies feat. Earl Pereira, from Wide Mouth Mason (Reggae/Funk/Pop/Rock, Saskatoon), 7–11, Buffet + Show \$60
13th Annual MUSICWestport Free Open Air Festival
Halfcocked & Lonesome (90s + 00s Country Hits & Honky Tonk, Ottawa), 8–11
Tim Moxam (Incredible Indie/Alt-Country, Toronto), 5–8
The Goodnight Irenes (Folk, Kingston) 5:30–8:30 & Henry Norwood (Classic Country/Westport), 8–11
Dead Root Revival feat. Tom Savage + Tony Silvestri (Original Jam Rock/Classic Rock, Kingston/Belleville), 8–11, \$15

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Calling All Wild Children!

Mississippi Madawaska Land Trust's Annual Festival of the Wild Child

The third annual Festival of the Wild Child, a two-day event at High Lonesome Nature Reserve in the Pakenham Hills, takes place on August 24 and 25. Open to the public from 10AM to 4PM, this festival is offered by the Mississippi Madawaska Land Trust (MMLT) and provides a variety of stations along wooded trails and by ponds to learn, explore and engage with the natural world.

Knowledgeable volunteers will be at each station to help open windows into the many wonders of nature. At Tranquility Pond and at Joel's Pond children can don rubber boots, grab a net, and get help from experts to identify and learn about the creatures they find. At Beaver Pond, the ever-popular soundscaping site will offer a relaxing way to hear nature's sounds amplified, including the surprisingly active life in the bottom of

the pond or the wind high up in the trees. Forest fun takes place at Stonewall Arboretum and a turtle or two may be spotted at Turtle Pond adjoining the arboretum. Next door is the rock station with an explanation of the local geology and much more. As you walk further along the trail there is a soil pit where the "Soil Guy" will take you on a journey through the historic life of the area through examination of distinct layers of the earth.

Inspired by the day's adventures, the whole family can participate at the Magical Mystical Musical Old Oak with dramatic performances by woodland characters who will save the Old Oak tree from the evil elf who stole the five golden acorns. The Old Oak will also be a place for games, crafts and music making. For those with a creative bent, at some of the other stations there will be an opportunity to try your hand at various activities that are linked to that station: pottery at the soil pit, painting pet rocks at the rock station, bark rubbings at the Stonewall Arboretum, artwork at the soundscaping site and poetry at the ponds.

There are also special events throughout the weekend: a campfire

(weather permitting) in the afternoons with bannock-making and other crafts, maybe a sing-a-long and storytelling. In the Welcome Centre there will be an opportunity each afternoon to learn about the special benefits of the much-maligned wasp with an exhibit and mini-lecture.

Each participant, young and not-so-young, will receive a passport and get a stamp at each station they visit, with a special stamp if they hear the elusive musical tunes of a flute that wanders

High Lonesome's woods.

Admission is free to children and youth under 18, and \$10 for adults. People are welcome to bring a picnic; however, there will be food for sale from the "Law and Orders" truck which will also offer vegan and vegetarian options.

MMLT is a local charity dedicated to preserving lands with special natural heritage values. The organization is committed to putting on events such as the Festival of the Wild Child that engage the community

Photo by Simon Lunn



Reconnect with nature and learn while exploring and having fun at the annual Festival of the Wild Child, taking place on August 24 and 25 at High Lonesome Nature Reserve

with the wonders of nature in wilderness settings. This event has been generously sponsored by Frontline Credit Union and the Carleton Place Terrace.

To get to High Lonesome, take County Road 29 to Pakenham Village, turn onto Waba Road and continue west for 2.9km, turn left on Barr Side Road, then take the first left at Carbine Road and drive 4km (turn right at the T). Drive to the end of the road and you have reached 867 Carbine Road. Find directions and more details at <mmlt.ca>.



20th Annual Garlic Festival!

when:

Saturday, August 10th 8AM to 3PM

Sunday, August 11th 10AM to 3PM

where:

Carp Fairgrounds

Over 110+ vendors, cooking demos, food court.
Garlic, garlic & more garlic!

Free admission. Free parking. Wheelchair accessible.

Sundance: 40 Artists Along a Riverbank

This Labour Day Weekend, get ready for forty artists to converge in Maberly and create the annual **Sundance Artisan Show!**

Celebrating their 13th year on the Fall River Restaurant festival grounds (21980 Hwy 7 in Maberly), Sundance artists are preparing to show off their latest creations. The outdoor setting is a picturesque backdrop of open field lined by a forest and a lush riverbank with the stone ruins of an old mill. Under a string of white-canopied tents, artists display their wares for people to enjoy over the three-day Labour Day weekend. "It's a beautiful time of year, and having it on the long weekend means that locals, visitors, and cottagers can plan an enjoyable outing that will please the whole family," say key organizers Tess and Jeroen.

With as many different styles as there are artisans, the array of fine art and fine craft is incredibly varied. You'll find wooden sculptures and turned bowls, cleverly recycled metal garden art, stunning stained glass, colourful furniture, glass décor, pottery, jewellery and clothing. You'll have no trouble pleasing every generation of your family in this relaxed and inspiring venue. Your gift cupboard will be set for the year!



Arrowsmith Leather (above) and woodworking by Jim Sprague (left) can both be found at this year's Sundance Artisan Show on Labour Day weekend

Formerly a studio tour, Sundance Artisan Show changed its format in 2005 to evolve into a single-location event on Highway 7 behind Fall River Restaurant in Maberly. It makes it a one-stop venue, allowing more time to enjoy the art. Relax while listening to live music, and enjoy tasty food and locally-crafted beer and bar selections. Parking, facilities, and admittance are all free. For more information and an interactive "flip-book" of the artists, check out <SundanceStudio.ca>

Finding Water in Perth

One of the first thoughts of a Canadian summer is *Water*. Strévé Design Studio Boutique Gallery in Perth is exploring this idea in a summer themed Art+Fashion exhibit running until September 1.

More than a dozen artists from Lanark County and Ottawa will demonstrate their individual interpretations of the Canadian Shield, the Great Lakes, Northern and Eastern Ontario. The styles range from realism and abstract to... abstracted realism! The media these artists work in varies from oils, acrylics and watercolour to fibre and metal sculpture.

The theme of *Water* has inspired fashion designer and Strévé Design owner Cheryl Straby to create new silk, leather and suede artful clothing and accessories. Jewellery designers Eleanor Martin

and Sandra Riddell have interpreted the theme with semi-precious stones, beads and sterling silver.

Strévé welcomes artists Marina May Raike, Robin Laffier, Francis Taylor, Rina Wills, Betty Elizabeth Sullivan, Sharon Benson and Juanita Sauve as first-time exhibitors. Linda Banfalvi, Aileen Merriam, Caroline Evans, Debbie Rubin, Judith Savic, Margaret Martin and Dayle VanAlstine are returning to the gallery with new works of art.

A vernissage and water-themed fashion show will take place on Thursday, August 8 from 5–7PM at Strévé Design Studio. This event will also celebrate the first anniversary of the new location for Strévé and the creation of the Art Gallery at 64 Gore St East in Perth. What a great year it has been! For further information, please visit <strevedesign.com>.



Strévé Design Studio in Perth hosts a special art & fashion exhibit in August



Opening hours for August

- Wednesday: 12-5pm
- Thursday: 12-5pm
- Friday: 12-5pm
- Saturday:
 - Almonte Farmer's Market: 8:30-12:30
 - Carriageway: 1-4pm
 - Sunday: 12-5pm
- Monday/Tuesday: Closed.

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Beyond Politics: The Workings of Municipal Government

6 Wednesday evenings, beginning September 11, 2019, from 7–9PM

Tom Shoebridge: The Magic of Cinema IV

6 Tuesdays, beginning September 10, 2019, from 1–4PM

Peter Watson: From Babylon to the Big Bang

6 Thursdays, beginning September 12, 2019, from 1:30–3:30PM

To register, please email Claire <ccmapsimon@gmail.com> stating the course(s) you wish to attend. The fee is \$75.00 by cheque to "Learning in Almonte" or cash only, payable on the first day of the course. As capacity is limited, we will operate on a *First come, first served* basis.

All courses are held in the meeting room of the Almonte Public Library. Call Marny (613-256-6739) or Claire (613-733-2382) or visit LearningInAlmonte.com for more information.

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Planning Ahead for Fall?

On these pages you'll find a great collection of classes, courses and lessons for all ages and skill levels. Taught by talented local artists, musicians, dancers, movers and shakers — you'll be inspired to learn and create this autumn!

SING! For SchoolBOX

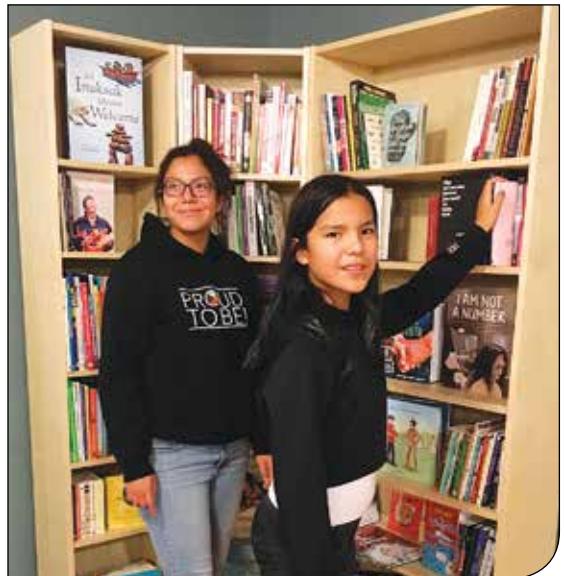
A Musical Fundraiser with Jennifer Noxon

Singers of all stripes and abilities are invited to SING! For SchoolBOX on Wednesday, August 14 from 7–9PM at Equator Coffee (451 Ottawa St. in Almonte). No experience is necessary. Singers will learn songs in English (as well as other languages) through call and response, in two- to four-part harmony, with no need for sheet music. The session will be led by Jennifer Noxon of Almonte's Rhythm & Song Community Choir. Food and/or drinks can be purchased during regular hours (kitchen closes at 7PM). Give yourself plenty of time beforehand to enjoy the great selection of food Equator has to offer: salads, pizzas, sandwiches, hot and cold drinks, alcoholic beverages and desserts. Be ready for the singing to start at 7:15 sharp! Tickets are \$20 and available in advance at Equator Coffee or Baker Bob's in Almonte. Out-of-towners can email <randsalmonte@gmail.com> to reserve tickets. Space is limited.

About Jennifer Noxon

Jennifer is a musician and visual artist based in Almonte. She is the founder and leader of Rhythm & Song Community Choir, a non-auditioned, non-performing community of singers in Almonte and Perth. Her sessions are for singers of all abilities who want to develop their musical skills, sing a lot, sing for fun, and build new friendships. Her approach is focused and playful. The ability to read sheet music is not necessary.

For more information about SchoolBOX, contact Jonathan Tam (Executive Director) at 869-8185. For more info about SING! For SchoolBOX please contact Jennifer Noxon at 256-8809 or visit <jennifernoxon.com/choir>.



Here's a great opportunity to make beautiful music for a great cause. Space is limited, so reserve your spot and head to Equator Coffee on August 14.



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Learning in Almonte: All New for Fall 2019

After an enlightening year with courses on everything from flying pigs to harmonics, Learning in Almonte is now heading for the stars, literally. The course line-up for the fall will include stars of all sorts, from movie stars to the universe and the Big Bang, with a dose of Shakespeare to bring us back to earth.

Following on the success of the first evening course (offered last spring), the group has partnered with Almonte Lectures to offer **Beyond Politics: the Workings of Municipal Government**. This joint venture will feature local authorities on topics ranging from "who does what" to town planning, as well as the onerous task of being a councillor. The course will provide an overview of the governing process, and will steer away from the political angle entirely. This session has been in the works for some time, and the organizers are confident it will be an excellent primer for everyone, taxpayer and interested citizen alike. The presenters are highly qualified in their particular fields, and all have extensive knowledge of municipal governance. There will be an opportunity for discussion in order to gain true insight into the process that influences the very nature of our municipality. This course will run from September 11 to October 16, from 7–9PM on Wednesday evenings at the library, with a variety of speakers over the six sessions.

The regular afternoon series will celebrate the return of Tom Shoebridge with **The Magic of Cinema** — six movies to enjoy and study. Every week is a surprise with a twist — be it plot, characters or setting. Movies reveal their true art form after a lively discussion with Tom. There's no popcorn, but a lot of scope for increasing awareness of the whole movie industry. Tom's course will run from 1–4PM on Tuesdays, from September 10 to October 15.

From one type of stars to another... Peter Watson, whose lectures on astronomy a few years ago led us into the realm of quantum physics in a manner we could all understand, will present a unique course in two parts, called **From Babylon to the Big Bang**. The first six-week session begins on Thursday, September 12 and runs to October 17 (1:30–3:30PM). It is not a pre-requisite for the second session, which will run from October 24 to November 28.

Paul Marland is bringing his humour and extensive knowledge to help us **Brush Up on Shakespeare**.

He is promising we won't have to read or memorize anything. Paul's lectures have always brought insight and information along with a healthy dose of laughter, and this course will provide it all on Tuesdays from October 22 to November 26 (1:30–3:30PM).

New Courses in the New Year

Looking to the New Year, Heather Loube (who introduced the flying pigs and other Greek flying animals) is turning her attention to **Ancient Greeks Behaving Badly**. Will they be riding the flying pigs? Heather is steeped in Greek history and archeology, and her lectures are so full of legends and mythology that the audience is left wondering what is fact and what is fiction — it all seems so real when Heather tells it. A trip to Greece as winter descends here from January 7 to February 11 is just what we will need!

If Greece isn't tempting, perhaps a horse ride would be! Joanna Dean presented a talk on horses in urban settings for the Almonte Lectures, and will expand on that topic with the **History of Horses in Canada**. Hitch up your wagon in January for those lectures!

Just when our brain will need a lift, Heather Douglas will investigate the intricacies of math. No calculators will be required, as Heather will emphasize all aspects of math, how we process it, how it relates to society, how it fits in the total literacy picture. We take math for granted, but its implications are far-reaching.

Ian Douglas' evening course on music was such a resounding success he has agreed to do another in the spring. More on this later, he promises.

The courses are held at the Almonte library, and cost \$75 for each six-week session. Since space is limited, pre-registration is required, but fees are not payable until the first class. Participants may register by email to <cmapsimon@gmail.com>. You may also call 256-6739 for additional information. The library is totally accessible, and parking is convenient.

All courses are listed on the Learning in Almonte website at <learninginalmonte.com> where you will find lecture outlines, lecturer biographies, and other information.

— Glenda Jones



Save the Date for Seniors Expo!

Mills Community Support is once again hosting the North Lanark Seniors' Expo — this year on Thursday, September 5 from 10AM to 3PM at the Almonte Community Centre. Now in its 9th year, the Seniors' Expo is a showcase of services and opportunities for adults aged 50-plus, as well as for families and caregivers of seniors. Last year the event attracted over 85 exhibitors and almost 800 attendees. This year's theme is "Building Healthier Communities for Seniors", so save the date and help the Mills continue to do just that!

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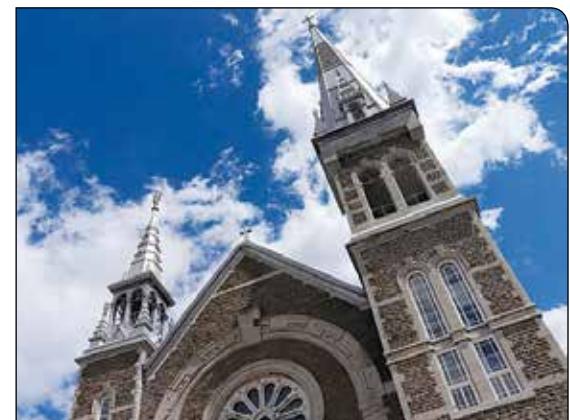
First CAMMAC Ottawa Valley Choral Concert

Co-chairs Michael Hoffman and Rosalind Spencer are delighted to announce the inaugural CAMMAC Ottawa Valley Choral Concert. Taking place on Sunday, September 15 in the spectacular "cathedral" of St. John Chrysostom in Arnprior, it will feature over 80 choristers, supported by professional orchestra and soloists. After the closure of the Ottawa Valley Music Festival, Michael and Rosalind approached CAMMAC (Canadian Amateur Musicians / Musiciens Amateurs du Canada), a well-established not-for-profit organization founded in 1959. They unanimously agreed to create a new branch — CAMMAC Ottawa Valley — to continue the legacy of OVMF in bringing high-calibre music to the Ottawa Valley.

On the appropriate theme of "rebirth", this concert welcomes Marg Stubington as Artistic Director, returning soloists Cara Gilbertson-Boese (soprano) and Jean-Sébastien Kennedy (baritone), along with Chorus members coming together from many communities in and around the Ottawa Valley.

The concert, entitled *Earth to Paradise*, spans many centuries of human desire for a restful place of beauty and happiness. It begins with the timeless drama *In the Midst of Life* by Henry Purcell, who in 1695 set to music the natural cycle of life. With trumpets in minor keys (rare at that time), the piece is a masterpiece of tension. It was performed in Westminster Abbey twice that year, first for Queen Mary II of England, and a few months later at Purcell's own funeral. The piece's influence continues to this day in some modern scores.

The theme of rebirth continues with two 21st century pieces of musical poetry. The first, by Latvian composer Eriks Esenvalds, will be sung *a cappella* in the beautiful sanctuary of St. John Chrysostom



The inaugural CAMMAC Ottawa Valley Choral Concert will take place on Sunday, September 15 at St. John Chrysostom in Arnprior

Church. The second, by Norwegian pianist Ola Gjeilo, for double choir features piano and string quartet.

The concert climaxes with, in his own words, "*a little Requiem*" — written by Gabriel Fauré in the late 1800s for the pure joy of composing! The concert features Fauré's original chamber orchestration, including organ and solo violin. His lyrical melodies give the piece a transcendent beauty, which has resonated with audiences ever since it was written. Fauré added *Pie Jesu*, a beautiful statement of hope for eternal rest and peace, sung by a solo soprano. The final movement of the *Requiem* includes the words *In paradisum deducant angeli...* (May the angels lead you into paradise...).

Full details and tickets please visit <cammac.ca/ottawagatineau/activities/#valley-concert> or see the ad on page 5 of this issue.

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August Pub Listings

- | | | |
|--|--|---|
| The Cove (Westport, 273-3636): Wed Open Mic w/Shawn McCullough, 7-10PM; Thu Jazz w/Spencer Evans Trio, 8-10PM, \$5; Sun Head over Heels, 12:30-3:30PM | Almonte Lobby Bar @Riverside Inn (Almonte, 461-2745): Tue Music Trivia, 8PM | Neat Coffee Shop (Burnstown, 433-9960): 8PM |
| Aug 2 Enid Goodman celebrates Joni Mitchell, 6-9PM | Aug 11 jazz w/The Brindled Cats, 7-10PM | Aug 2 Amos The Transparent, \$25 |
| Aug 3 Logan Brown, 6-9PM | Aug 12 Sue Foley, \$37.50 | Aug 3 Parker Millsap, \$45 |
| Aug 4 Broken Hearts Songwriter Circle (Cowan, Savage, Wright, Zeman), 7-10, \$15 | Aug 13 Art D'Ecco, \$20 | Aug 14 The Beaches, \$48.50 |
| Aug 5 Head over Heels w/Zak Colbert, 12:30-3:30PM | Aug 14 Totally Hip tribute, 8:30-11:30PM | Aug 16 My Son The Hurricane, \$32.50 |
| Aug 9 Nolan Hubbard, 6-9PM | Aug 15 The Continentals, 8-11PM | Aug 17 Gabrielle Shonk, \$30 |
| Aug 10 Brea Lawrenson w/Shawn McCullough, 7-10PM, \$10 | Aug 16 Redfox, 4-7PM | Aug 18 The Sadies, \$40 |
| Aug 16 MUSICwestport Kick-Off Party, 7-11PM, \$60 buffet+show | Aug 17 The Ramblers, 8-11PM | Aug 19 Van Wingerden, 8-11PM |
| Aug 23 Halfcocked & Lonesome, 8-11PM | Aug 18 Shawn McCullough, 4-7PM | Aug 20 Tom Watson, 5-8PM |
| Aug 24 Tim Moxam, 5-8PM | Aug 19 on Van Wingerden, 8-11PM | Aug 21 Dead Root Revival ft. Tom Savage & Tony Silvestri, 8-11PM |
| Aug 30 Goodnight Irenes, 5:30-8:30PM | Aug 22 Tom Watson, 5-8PM | Aug 22 Henry Norwood, 8-11PM |
| Aug 30 Henry Norwood, 8-11PM | Aug 23 Halfcocked & Lonesome, 8-11PM | Aug 23 Dead Root Revival ft. Tom Savage & Tony Silvestri, 8-11PM |
| Aug 31 Dead Root Revival ft. Tom Savage & Tony Silvestri, 8-11PM, \$15 | Aug 24 Terry Tufts, 8:30-11PM | Aug 24 Tom Watson, 5-8PM |
| Fiddleheads (Perth, 267-1304): 8PM.Thu | Cheshire Cat (Carp, 831-2183): Mon Trivia, 8-10PM | O'Reilly's Ale House (Perth, 267-7994): Tues Brock Zeman, 8:30PM |
| Open Mic w/Kevin Choffe | Aug 1 Steve Stacey & Steph Clement, 7-9PM | Aug 2 Ken Workman & Blair Hogan, 8:45PM |
| Aug 2 Henry Norwood | Aug 2 Ken Workman, 8:30-11PM | Aug 9 David McGrath, 8:30PM |
| Aug 9 Jon Van Wingerden | Aug 6 Zach Martin, 6:30-8PM | Aug 10 Chris Strang, 8:45PM |
| Aug 16 Morgan Rider | Aug 8 Terry Tufts, 8:30-11PM | Aug 16 Stephen Mark Fisher, 8:45PM |
| Aug 23 Shawn McCullough | Juke Joint Soul Kitchen (Carp, 470-8888): 7PM. | Aug 23 Joseph McDonald, 8:45PM |
| Aug 30 Logan Brown | Aug 3 Ray Harris | Aug 30 Tom Watson, 8:45PM |
| Golden Arrow Pub (Perth, 267-4500): 9PM,Wed Karaoke | Aug 10 Steve Stacey | Ridge Rock Brewing Co. (Carp, 470-2337): 8PM |
| Aug 2 Shawn McCullough | Aug 17 The eMTees | Aug 2 Mitch Desilets |
| Aug 9,24 Danielle Hewitt | Aug 24 Me & Him | Aug 9 TJ Morrison |
| Aug 10,31 Jenna Wright | Aug 31 Pierre Sauve | Aug 16 Terry Tufts |
| Aug 16 Jordy Jackson | Lumbertown Ale House (Arnprior, 623-8885): 8:30-11:30PM, no cover | Aug 17 Jimmy Tri-Tone Band |
| Aug 17 Matt Dickson | Aug 3 Jon Forbes | Aug 23 Chris Strange - Acoustic |
| Aug 23 Under The Covers | Aug 10 Mister & His Sister | The Royal Oak (Kanata, 591-3895): jazz on Sun, 2-5PM |
| Aug 30 Ted Lalonde | Aug 17 Ty Hall | Aug 4, 18 Magnolia Rhythm Kings |
| | Aug 24 Skyler Radmore | Aug 11, 25 APEX Jazz Band |
| | Aug 31 Exposure Exposure | The Swan at Carp (Carp, 839-7926): Aug 2, 16, 30 Steve Barrette Trio, jazz, 7-10PM |
| | | The Waterfront Gastropub (CP, 257-5755): Sun Blues w/Redneck Limousine 3-6PM |
| | | Aug 2 Mississippi Blues Jam, 8:30PM |
| | | Aug 3 Bob Pepin 9PM |



Oil on wood panel painting by Henri Fabien (1878–1935)

“Paint Out” at the Mill of Kintail

Imagine painting on the spot in a natural environment. Now, picture the setting as the historic Mill of Kintail Conservation Area just outside Almonte. Artists are invited to choose any location on the site — the shallow, rocky streambed next to the old stone mill, the calm stillness of the mixed forest, or beneath the vine-covered arched windows of the Cloister on the Hill. On August 31, painters can work from 10AM to 3PM, capturing the landscape in the changing light. By day's end, the artists will celebrate their work in the Gatehouse Meeting Centre. Paintings will hang fresh off the easel, in an informal exhibition. Some works may be available for purchase.

Where Did this Idea Come From?

The Mill of Kintail has long been a muse for the creative community in the area. We have numerous renderings of the Mill in our collection — sketches, watercolours and oil paintings. We even have original drawings by Percy Nobbs, the architect hired by Tait McKenzie to restore the Mill. The Montreal firm of Nobbs and Hyde considered the Mill one of their finest examples of adaptive re-use of a heritage building. We've since

added a few contemporary works to our exhibition on the Mill of Kintail.

What is a Paint Out?

The practice of painting outdoors, or *en plein air*, really came into fashion in the 1880s with French Impressionists such as Claude Monet, and later on in Canada with Emily Carr and the Group of Seven. Their works were sketches or “impressions,” capturing a moment in time. Today, the “paint out” is considered a way for artists to get out of the isolation of the studio and support each other.

Who Can Come to Paint?

Both amateur and professional artists are welcome. There is no registration fee. Artists are asked to bring their own supplies, a portable easel, a chair and lunch. The paintings will be showcased after 3PM that same day (August 31). The rain date is September 1.

Who Can Come to Watch?

Everyone is invited to stroll through the grounds from artist to artist to witness the creative process. For more information, please contact <moklibrary@gmail.com>.

— Lucy Carleton

Parkinson SuperWalk

The Parkinson SuperWalk, now in its third year in Lanark North Leeds, takes place on Saturday, September 7 at Conlon Farm (109 Smith Drive in Perth) with check-in at 9:30AM. The walk is one of eighty taking place across Canada and is Parkinson Canada's major fundraising event.

The success of the Lanark North Leeds SuperWalk may be due, in part, to a worldwide phenomenon — the number of people being diagnosed has been increasing at an unprecedented rate — and, in fact, is expected to almost double by 2031. Lanark North Leeds, having the largest percentage of seniors in Ontario, will be no exception. As well, it is a rural area, with the prevalence of chemicals and pesticides associated with farming and much of the population using

well water, both linked with the risk of developing Parkinson's Disease. This increase will place additional demands on already scarce medical and other services.

“The severe shortage of general practitioners in the area is a problem for everyone,” says Pat Evans who, along with Gayle Truman, spearheaded the first local walk in 2017. “But the lack of neurologists with extra training in movement disorders also makes a big difference in the lives of people living with Parkinson's. Many people do not even have a general neurologist and/or need to drive long distances or wait months to get an initial diagnosis.”

For more information visit <donate.parkinson.ca/lanarknorthleeds> or call Alan Muir at 1-800-565-3000 x3427.

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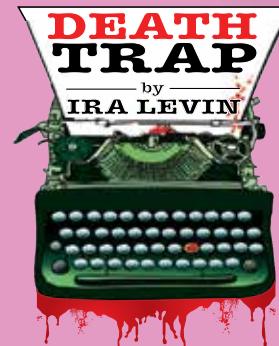


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WHAT'S ON IN

Monday

Tuesday

Wednesday

Thursday

Claiming Column

Seniors' Expo, Almonte, Sep 5
Used Book Sale, Carp, Sep 6-7
Fibrefest, Almonte, Sep 7-8
Cindy Thompson, Middleville, Sep 7
Mississippi Mills River Run Walk, Sep 7
Parkinson Super Walk, Perth, Sep 7
Teddy Bear Picnic, Appleton, Sep 7
Marley & Lacroix, McD Crnrs, Sep 8
Jill Barber, Smiths Falls, Sep 11
Mississippi Mills at a Glance, Sep 11
Festival of Small Halls, E. ON, Sep 12-29
Faure's *Requiem*, Arnprior, Sep 15
Apple Pie Fest & Car Show, Appleton, Sep 15
Ed's Garage, Perth, Sep 19-29
Death by Design, SF, Sep 27-Oct 6
MAG Artists Tour, Merrickville, Sep 28-29, Oct 5-6
JW Jones Band, McD Crnrs, Sep 29

Crown & Pumpkin Studio Tour, M.Mills, Oct 12-14
Wendell & Wheat, McD Crnrs, Oct 20
An Evg of 1-Act Plays, Perth, Oct 24-27
Cheerfully Made Holiday Market, Almonte, Nov 2-3
EODL 1-Act Play Festival, Perth, Nov 8-9

Theresa Thomason & Paul Sullivan, Perth, Nov 9
Valdy, McD Crnrs, Nov 14
CP200+, Carleton Place, Nov 14-23
Pakenham Country Christmas, Nov 30
Robin Hood & the Babes in the Woods, Smiths Falls, Nov 29-Dec 8

Festivals

CP 200 Celebration Parade, Aug 1, 6:30PM. Bridge St., Carleton Place. carletonplace200.ca

CP 200 Classic Car Parade & Street Dance, Aug 2, 6:30PM-10:15PM, 6:30PM parade. 7:15PM street dance w/Eddy & the Stingrays. Bridge St., Carleton Place. carletonplace200.ca

Bridge St. Summer Fest, Aug 3, 9AM-3PM. Annual family-friendly market. Downtown Carleton Place, Bridge Street, Carleton Place. downtowncarletonplace.com

Carp Garlic Festival, Aug 10 (8AM-3PM), Aug 11 (10AM-3PM). Carp Fairgrounds, 3790 Carp Rd., Carp. carpfarmersmarket.ca/carp-garlic-festival. Free admission

Perth Garlic Festival, Aug 10 9AM-5PM, Aug 11 9AM-4PM. 70+ vendors. Perth Fairgrounds, Halton & Arthur St, Perth. perthgarlicfestival.com. \$5 (kids under 12 free)

Pride Parade, Potluck, Dance, Aug 10, 5PM-11PM. 5PM gather (Town Hall), 5:30PM parade; 6PM Potluck (Centennial Park); 7-11PM dance w/Starfire. facebook.com/SmithsFallsPride. Centennial Park, 2-22 Confederation Drive, Smiths Falls. facebook.com/SmithsFallsPride/.

Live at the Falls, Aug 16 (5-11PM), 17 (2-11PM). Headliners: Legendary Powder Blues Band & Colin James. Gallipeau Centre, 361 Queen St., Smiths Falls. latf.ca. Fri \$40, Sat \$50, wknd \$85

Elgin Art Gallery presents David Gilmore's paintings [to Aug 10]
Fairview Manor Lobby presents irene emig's collages [to Aug 12], The Contemplative Photography Group of the Ctr for Creative Living [from Aug 13]
Mississippi Valley Textile Museum presents Jim Arendt's images from denim <mvtm.ca>
N. Lanark Regional Museum presents Out of the Box artefacts <appletonmuseum@hotmail.com>
Strévé Design Studio & Boutique presents Water
The Mississippi Mills Chambers Gallery & the Almonte Library Corridor Gallery present Karl Kischel's landscapes

CP 200 Celebration Parade, Jazz w/Spencer Evans Trio, Cove Dumbo, Almonte
Grease, Smiths Falls
Naismith Men's Shed, Almonte
Open Mic, Fiddleheads Bar & Grill
Pygmalion, Perth
Steve Stacey & Steph Clement, Cheshire Cat Pub
Tea on the Lawn, Appleton
The Forgotten Ones, Perth

Carp Celtic Jam, Masonic Lodge
Hackberry Men's Shed, Carleton Place
Head over Heels, The Cove
Smiths Falls Duplicate Bridge Club
Trivia Night, Cheshire Cat Pub

Androcles & the Lion, Perth
Brock Zeman, O'Reilly's Pub
Music Trivia, Almonte Lobby Bar
Olde Time Bingo, Carleton Place
Pygmalion, Perth
Smiths Falls Duplicate Bridge Club
Zach Martin, Cheshire Cat Pub

Almonte Duplicate Bridge Club
Company of Fools: Romeo & Juliet, Almonte
Karaoke, Golden Arrow
Murder Mystery & Ghost Walk Tours, Smiths Falls
Open Mic, The Cove
Pygmalion, Perth
Tea on the Lawn, Almonte
The Forgotten Ones, Perth

Jazz w/Spencer Evans Trio, Cove
Macbeth, Perth
Wonder Park, Almonte
Incredibles 2, Smiths Falls
Naismith Men's Shed, Almonte
Open Mic, Fiddleheads Bar & Grill
Perth Citizens' Band
Pygmalion, Perth
Salt-Water Moon, Perth
Tea on the Lawn, Appleton
Terry Tufts, Cheshire Cat Pub
The Forgotten Ones, Perth
Vernissage & Fashion Show, Perth

Carp Celtic Jam, Masonic Lodge
Greek Dinner at the Manor, Perth
Smiths Falls Duplicate Bridge Club
Trivia Night, Cheshire Cat Pub

Androcles & the Lion, Perth
Brock Zeman, O'Reilly's Pub
Hackberry Men's Shed, Carleton Place
Music Trivia, Almonte Lobby Bar
Olde Time Bingo, Carleton Place
Pizza Party & Bike Rodeo
Community Potluck, McDonalds Corners
Smiths Falls Duplicate Bridge Club

Almonte Duplicate Bridge Club
Art D'Ecco, Neat Coffee Shop
Karaoke, Golden Arrow
Murder Mystery & Ghost Walk Tours, Smiths Falls
Open Mic, The Cove
SING! for SchoolBOX, Almonte
Tea on the Lawn, Almonte
The Forgotten Ones, Perth

Jazz w/Spencer Evans Trio, Cove
Macbeth, Perth
Christopher Robin, Pakenham
Aquaman, Smiths Falls
Naismith Men's Shed, Almonte
Narnia, Smiths Falls
Open Mic, Fiddleheads Bar & Grill
Perth Breast Cancer Support
Salt-Water Moon, Perth
Tea on the Lawn, Appleton
The Forgotten Ones, Perth

Cancer Support Group, Almonte
Carp Celtic Jam, Masonic Lodge
Hackberry Men's Shed, Carleton Place
Smiths Falls Duplicate Bridge Club
Trivia Night, Cheshire Cat Pub

Androcles & the Lion, Perth
Breakfast & Music, Ashton
Brock Zeman, O'Reilly's Pub
Deathtrap, Perth
Music Trivia, Almonte Lobby Bar
Olde Time Bingo, Carleton Place
Smiths Falls Duplicate Bridge Club

Almonte Duplicate Bridge Club
Deathtrap, Perth
Demystifying Mysticism, Almonte
Karaoke, Golden Arrow
Murder Mystery & Ghost Walk Tours, Smiths Falls
Open Mic, The Cove
Tea on the Lawn, Almonte
The Forgotten Ones, Perth

Deathtrap, Perth
Jazz w/Spencer Evans Trio, Cove
John Van Wingerden, CC's on the Rideau
The Lego Movie 2, Appleton
Secret Life of Pets 2, Smiths Falls
My Son The Hurricane, Neat
Naismith Men's Shed, Almonte
Open Mic, Fiddleheads Bar & Grill
Perth Citizens' Band
Salt-Water Moon, Perth
Tea on the Lawn, Appleton
The Forgotten Ones, Perth

Carp Celtic Jam, Masonic Lodge
Deathtrap, Perth
Smiths Falls Duplicate Bridge Club
Trivia Night, Cheshire Cat Pub

Androcles & the Lion, Perth
Brock Zeman, O'Reilly's Pub
Deathtrap, Perth
Hackberry Men's Shed, Carleton Place
Music Trivia, Almonte Lobby Bar
Olde Time Bingo, Carleton Place
Smiths Falls Duplicate Bridge Club

Almonte Duplicate Bridge Club
Deathtrap, Perth
Karaoke, Golden Arrow
Meet Stephen Kotze (Green Party), Lanark Highlands
Murder Mystery & Ghost Walk Tours, Smiths Falls
Open Mic, The Cove
Tea on the Lawn, Almonte

Deathtrap, Perth
Glen Tay Block Race, Perth
Jazz w/Spencer Evans Trio, Cove
The Princess Bride, Almonte
Pokémon: Det. Pikachu, Smiths Falls
Naismith Men's Shed, Almonte
Open Mic, Fiddleheads Bar & Grill
Tea on the Lawn, Appleton

Roots on the Clyde Music Festival

Aug 16 (7-11PM), 17 (11AM-11PM) & 18 (11AM-4PM). Tix: Naismith Pub, Graham's Shoes, Mark's Cobbler, JB Garage, Aruma, 2104 Pine Grove Rd., Lanark. 259-3000, haley@aruma.ca, aruma.ca. \$25/day; \$50 weekend; under 13 free

Freedom Fest, Aug 17-18. Cdn Christian musicians. Stewart Park, Herriott St., Perth. freedomfestperth.com

MUSICWestport, Aug 17, 12PM-7PM, at The Cove & Lockwood Park. Westport. westportarts council.com

Pakenham Fair, Aug 17, 7AM-5PM. 7AM breakfast \$6; 9AM fair opens. Exhibits, horse show, kids stuff, entertainment. Stewart Community Centre, Pakenham. 256-1077. \$5; under 12s free

Perth Kilt Run, Aug 17, 4PM. Races in kilts. Stewart Park, Herriott St., Perth. raceroster.com/events/2019/21844/10th-perth-kilt-run-2019

Festival of the Wild Child, Aug 24-25, 10AM-4PM. Woodland games, info, crafts for youth/families. High Lonesome Nature Reserve, 867 Carbine Rd., Pakenham. mmlt.ca. \$10 (for 2 days); under 16s free

North Lanark Highland Games, Aug 24, 9AM-6PM. Massed bands, heavyweight athletics, dancing. Tix: Mill St Books, Nicholson's. Almonte Fairgrounds, 195 Water St., Almonte. almontehighlandgames.com.

\$17; \$15 adv.; kids under 12 free

Trainfest, Aug 24-25, 11AM-3PM. Train rides, model trains & more. RMEO, 90 William St., Smiths Falls. rmeo.org

Tweed Shindig, Aug 24, Usually from 2PM. Details TBA. Tweed, 1 Hershey Dr., Smiths Falls

Perth Fair, Aug 30-Sep 2. Demo derby, midway, truck pulls, music. Perth Fairgrounds, Halton & Arthur St, Perth. 267-4104, perthfair.com. \$10-12, ages 7-12 \$5; midway extra

JoyFest, Aug 31-Sep 1. Art workshop, walks, experiences extra (\$45 ea). Carp Ridge EcoWellness Centre, 2386 Thomas Dolan Pkwy, Carp. joyfest.ca. \$70/day; \$126 wknd

Meet Stephen Kotze (Green Party), Lanark Highlands

Murder Mystery & Ghost Walk Tours, Smiths Falls

Open Mic, The Cove

Tea on the Lawn, Almonte

Paint Out, Aug 31, 10AM-4PM. Mill of Kintail Cons. Area. Come to paint or watch. moklibrary@gmail.com. Free

Sundance Artisan Show, Aug 31 (10-5), Sep 1 (10-5), Sep 2 (10-4). 40 artisans in one spot. Fall River Restaurant, 21980 Hwy 7, Maberly. sundancestudio.ca

Local Food Flavour of the Season at Mkt, Aug 10, 9AM-1PM. Chefs, recipes, Tomato Fest. Calabogie Community Centre, 574 Mill St., Calabogie. calabogiemarket.ca

Theatre Pygmalion, to Aug 11: Wed, Sat 8PM; Tues-Sun 2PM. Shaw classic. Classic Theatre. St. James Anglican Church, Perth. classictheatre.ca. \$30; under 30 \$21; \$4 fee

The Forgotten Ones Walking Tour, to Aug 25, Wed-Sun 11AM, Thu/Fri 7PM. Theatrical historic tour. Classic Theatre Festival. Meet at Matheson House, Perth. 1-877-283-1283, classictheatre.ca. \$15 (\$12 w/ play ticket); under 12s 50%

Macbeth, Aug 2-3, 8-10, 15-17 at 7:30PM and Aug 4, 11, 18 at 1:30PM. BarnDoor Prod'n. Full Circle Theatre, Perth. 267-1884. \$20; \$22 reserved

AUGUST 2019

Friday

Saturday

Sunday

<p>Amos The Transparent, Neat Coffee Shop August Night Market, Almonte CP 200 Classic Car Parade & Street Dance, The Cove Enid Goodman celebrates Joni Mitchell, The Cove Henry Norwood, Fiddleheads Bar & Grill Ken Workman & Blair Hogan, O'Reilly's Pub Macbeth, Perth Mississippi Blues Jam, Waterfront Gastropub Mitch Desilets, Ridge Rock Brewing Co. Pygmalion, Perth Shawn McCullough, Golden Arrow Steve Barrette Trio, The Swan at Carp The Forgotten Ones, Perth</p>	<p>80s Night w/The Instigators, CC's on the Rideau Bob Pepin, Waterfront Gastropub Bridge St. Summer Fest, Carleton Place Illusionists: Outerbridge, Smiths Falls Jon Forbes, Lumbertown Ale House Ken Workman, Cheshire Cat Pub Logan Brown, The Cove Macbeth, Perth Pakenham Youth Group, Pakenham Parker Millsap, Neat Coffee Shop Pygmalion, Perth Ray Harris, Juke Joint Soul Kitchen Tea on the Lawn, Almonte The Forgotten Ones, Perth</p>	<p>Blues w/Redneck Limousine, Waterfront Gastropub George Turcotte, CC's on the Rideau Head over Heels (Patio), The Cove Macbeth, Perth Magnolia Rhythm Kings, The Royal Oak Picnic in the Park, Carleton Place Pygmalion, Perth Saved by the Bell Cemetery Tour, Smiths Falls The Broken Hearts Songwriter Circle, The Cove The Forgotten Ones, Perth Vicki Brittle, Robert Simpson Park</p>
<p>Danielle Hewitt, Golden Arrow David McGrath, O'Reilly's Pub Jon Van Wingerden, Fiddleheads Bar & Grill Macbeth, Perth Narnia, Smiths Falls Nolan Hubbard, The Cove Pygmalion, Perth Salt-Water Moon, Perth The Forgotten Ones, Perth TJ Morrison, Ridge Rock Brewing Co.</p>	<p>Carp Garlic Festival Perth Garlic Festival Flavour of the Season at Mkt, Calabogie Naismith 3x3 Basketball Tournament, Almonte Pride Parade, Potluck, Dance, Smiths Falls Macbeth, Perth Chris Strang, O'Reilly's Pub Mister & His Sister, Lumbertown Ale House Narnia, Smiths Falls Pygmalion, Perth Salt-Water Moon, Perth Brea Lawrenson w/Shawn McCullough, The Cove Steve Stacey, Juke Joint Soul Kitchen Sue Foley, Neat Coffee Shop The Forgotten Ones, Perth Totally Hip tribute, CC's on the Rideau</p>	<p>APEX Jazz Band, The Royal Oak Blues w/Redneck Limousine, Waterfront Gastropub Carp Garlic Festival Chris Dzekian, Robert Simpson Park Head over Heels (Patio), The Cove Macbeth, Perth Narnia, Smiths Falls Perth Garlic Festival Pygmalion, Perth Salt-Water Moon, Perth Saved by the Bell Cemetery Tour, Smiths Falls The Brindled Cats, Almonte Lobby Bar The Forgotten Ones, Perth</p>
<p>Deathtrap, Perth Jordy Jackson, Golden Arrow Live at the Falls, Smiths Falls Macbeth, Perth Morgan Rider, Fiddleheads Bar & Grill MUSICwestport Kick-Off Party, The Cove Narnia, Smiths Falls Roots on the Clyde Music Festival, Lanark Salt-Water Moon, Perth Stephen Mark Fisher, O'Reilly's Pub Steve Barrette Trio, The Swan at Carp Terry Tufts, Ridge Rock Brewing Co. The Beaches, Neat Coffee Shop The Continentals, CC's on the Rideau The Forgotten Ones, Perth Theatre Organ Concert, Perth</p>	<p>Pakenham Fair MUSICwestport Tea on the Lawn, Smiths Falls Live at the Falls, Smiths Falls Roots on the Clyde Music Festival, Lanark Deathtrap, Perth Jimmy Tri-Tone Band, Ridge Rock Brewing Co. Macbeth, Perth Matt Dickson, Golden Arrow Redfox, CC's on the Rideau Salt-Water Moon, Perth The Beaches, Neat Coffee Shop The eMTees, Juke Joint Soul Kitchen The Forgotten Ones, Perth The Ramblers, CC's on the Rideau Ty Hall, Lumbertown Ale House</p>	<p>Alliance Coin & Banknote Auction, Almonte Blackshire, Robert Simpson Park Blues w/Redneck Limousine, Waterfront Gastropub Deathtrap, Perth Freedom Fest, Perth Head over Heels (Patio), The Cove Macbeth, Perth Magnolia Rhythm Kings, The Royal Oak Narnia, Smiths Falls Roots on the Clyde Music Festival, Lanark Salt-Water Moon, Perth Saved by the Bell Cemetery Tour, Smiths Falls Shawn McCullough, CC's on the Rideau The Forgotten Ones, Perth</p>
<p>Chris Strange -Acoustic, Ridge Rock Brewing Co. Deathtrap, Perth Halfcocked & Lonesome, The Cove Joseph McDonald, O'Reilly's Pub My Son The Hurricane, Neat Coffee Shop Salt-Water Moon, Perth Shawn McCullough, Fiddleheads Bar & Grill The Forgotten Ones, Perth Under The Covers, Golden Arrow</p>	<p>Merrickville Antique Show Tweed Shindig, Smiths Falls North Lanark Highland Games, Almonte Danielle Hewitt, Golden Arrow Festival of the Wild Child, Pakenham Gabrielle Shonk, Neat Coffee Shop Illusionists: Outerbridge, Smiths Falls LiPS Team Fundraiser: Poetry & Potluck, Almonte Manifesting the Magic in You, Almonte Me & Him, Juke Joint Soul Kitchen Rock the Arts: Animal Adventure, Almonte Salt-Water Moon, Perth Skyler Radmore, Lumbertown Ale House The Forgotten Ones, Perth Tim Moxam, The Cove Tom Watson, CC's on the Rideau</p>	<p>APEX Jazz Band, The Royal Oak Blueberry Tea, Mississippi Mills Blues w/Redneck Limousine, Waterfront Gastropub Festival of the Wild Child, Pakenham Head over Heels (Patio), The Cove Merrickville Antique Artisans Show, Merrickville Salt-Water Moon, Perth Saved by the Bell Cemetery Tour, Smiths Falls The Forgotten Ones, Perth</p>
<p>Deathtrap, Perth Henry Norwood, The Cove Lanark Laughs, Carleton Place Logan Brown, Fiddleheads Bar & Grill Perth Fair Steve Barrette Trio, The Swan at Carp Ted Lalonde, Golden Arrow The Goodnight Irenes, The Cove The Sadies, Neat Coffee Shop Tom Watson, O'Reilly's Pub</p>	<p>Dead Root Revival ft. Tom Savage & Tony Silvestri, The Cove Deathtrap, Perth Exposure Exposure, Lumbertown Ale House Illusionists: Outerbridge, Smiths Falls Jenna Wright, Golden Arrow JoyFest, Carp Perth Fair Pierre Sauve, Juke Joint Soul Kitchen Sundance Artisan Show, Maberly Tea on the Lawn, Almonte The Sadies, Neat Coffee Shop</p>	<p>Ashton Open Mic, Ashton Pub Blues w/Redneck Limousine, Waterfront Gastropub Deathtrap, Perth Governor General's Foot Guards Band, Perth Head over Heels (Patio), The Cove JoyFest, Carp Magnolia Rhythm Kings, The Royal Oak Perth Fair Sundance Artisan Show, Maberly The Brindled Cats, Almonte Lobby Bar</p>

Illusionists: Outerbridge, Aug 3 (7:30PM), 24 (2 & 7:30PM), 31 (2 & 7:30PM). Magical adventure. Station Theatre, SF. smithsfalls theatre.com, 283-0300. \$30/\$15

Androcles and the Lion, Tue 11AM/5PM. 3-course meal. Classic Theatre. Michael's Table, Perth. 1-877-283-1283, classictheatre.ca. \$54.25

Company of Fools: Romeo & Juliet, Aug 7, 7PM. Shakespeare in the park. The Herb Garden, 3840 Old Almonte Rd. Almonte.fools.ca. Suggested donation \$20
Salt-Water Moon, Aug 8-10, 15-17, 22-24 at 7:30PM; Aug 11, 18, 25 at 2PM. Love story. Studio Theatre, Perth. studiotheatreperth.com. \$24, \$10 students

Deathtrap, Aug 16-Sep 8/Wed, Sat 8PM; Tues-Sun 2PM. Mystery thriller. Classic Theatre. St. James Anglican Church, Perth. classictheatre.ca. \$30; under 30 \$21; \$4 fee

LiPS Team Fundraiser: Poetry & Potluck, Aug 24, 6PM. Bring fave dish; hear spoken word poetry. Curious & Kind, Heritage Mall, Almonte. curiousandkind.ca. By donation

Lanark Laughs, Aug 30, 8:30-10PM. Stand-up comedy. Waterfront Gastropub, 12 Bell St., Carleton Place. facebook.com/LanarkLaughs/.

Movies in the Park Thurs, 9PM (come early for pre-movie activities): Aug 1, **Dumbo**, Munro Meadows, Almonte; Aug 8, **Wonder Park**, Gemmill Park (if rain then Old Town Hall), Almonte; Aug 15, **Christopher Robin**, Fred Millar Park, Pakenham; Aug 22, **The Lego Movie 2**, Appleton Bay Park; Aug 29, **The Princess Bride**, Almonte Library. exploremississippimills.ca. Free

Pakenham Youth Group, 1st & 3rd Sat. Movies, games, pizza, crafts. Ages 9-16. Pakenham Library, 257-9772. Free

Movies Under the Stars, Aug 1 **Grease**, Aug 8 **Incredibles 2**, Aug 15 **Aquaman**, Aug 22 **Secret Life of Pets 2**, Aug 29 **Pokémon: Det. Pikachu**. 7PM activities, film at dusk. Centennial Park, Smiths Falls. Free (donations welcome)

Narnia, a Musical Imaging, Aug 9-10, 15-17 at 7:30PM; Aug 11, 18 at 2PM. Youth adventure. Station Theatre, SF. smithsfalls theatre.com, 283-0300. \$20/\$10

Manifesting the Magic in You, Aug 24, 12-1:30PM. Ages 3-12. You, your child, Lilly White, fun. Curious & Kind, Heritage Mall, Almonte. curiousandkind.ca. By donation

Rock the Arts: Animal Adventure, Aug 24, 10AM. Puppet show. Curious & Kind, Almonte. curiousandkind.ca. \$10-\$20

Pub Listings p22
Music
JW Jones, Aug 2, 6PM. Blues. Settler's Ridge Centre parking lot, Smiths Falls.

Robert Simpson Park (Arnprior, 623-7301): Sundays, 2-4PM, free
Aug 4 Vicki Brittle
Aug 11 Chris Dzekian
Aug 18 Blackshire

Perth Citizens' Band, Aug 8 & 22. Bring lawn chair or stroll park. Stewart Park, Perth. 256-4221, perthband.ca. Free

Greek Dinner at the Manor, Aug 12, 6PM. Bouzouki. Ltd seating, call. Perth Manor, 23 Drummond St.W, Perth. 264-0050, perthmanor.com. \$90

SING! for SchoolBOX, Aug 14, 7-9PM. Learn from Jennifer Noxon. Tix: Equator, Baker Bob's. Equator Coffee, Almonte. 256-8809, randsalmonette@gmail.com. \$20

Theatre Organ Concert, Aug 16, 7PM. Broadway, jazz, singalongs. St. Paul's United Church, 25 Gore St.W, Perth. 485-6434, ticketsplease.ca. \$20/\$10; under 12 free

Governor General's Foot Guards Band, Sep 1, 2PM. Brass, woodwinds, percussion. St. Paul's United Church, Perth. stpaulsperth.ca. Freewill offering

Community

SF Bridge Club, Mon 7PM, Tue 1PM. 256-4747.

SF Legion

Olde Time Bingo, Tue 7PM. Held by CP Civitans in CP Arena upper hall

Tea on the Lawn, Wed & Sat, 2-4PM. Tea/lemonade, tea breads. Mill of Kintail, Almonte. Ramsay WI.ca. \$5/\$3

Murder Mystery & Ghost Walk Tours, Wed, 6-8PM. Heritage House Museum, Smiths Falls. Reserve spot: 283-6311. \$10/\$5

Almonte Bridge Club, Wed 7PM. 256-4747. Almonte Legion

Tea on the Lawn, Thurs, 2-4PM. N. Lanark Regional Museum, Appleton. 257-8503. \$5

Saved by the Bell Cemetery Tour, Sun, 1-2:30PM. Heritage House Museum, Smiths Falls. Reserve spot: 283-6311. \$10/\$5

Naismith Men's Shed: Aug 1, 15, 29, 8AM, breakfast, Mamma's Place, Almonte; Aug 8, 22, 9AM, meeting, Mill of Kintail gatehouse. 461-0013. Mtgs free

August Night Market, Aug 2, 6-9PM. Mississippi Mills Youth Centre, Almonte. 256-5959, coordinator:mmyc@gmail.com

Picnic in the Park, Aug 4, 10AM-2PM. Games, music. Riverside Park, West end of John St., Carleton Place. carletonplace200.ca

Hackberry Men's Shed: Aug 5, 19, 7PM, meeting. Shed opposite 98 Donald St., CP; Aug 13, 27, 7:30AM, breakfast, Gourmet Restaurant, CP. 461-0013. Mtgs free

Naismith 3x3 Basketball Tournament, Aug 10. Kids, men's, ladies', elite. Reg online. Almonte Community Centre, 182 Bridge St., Almonte. naismithbasketball.ca

Paddle for AGH, Aug 10, from 10AM. Register raftraceagh@gmail.com. Almonte Fairgrounds

Pizza Party & Bike Rodeo Community Potluck, Aug 13, 5-7PM. MERA Schoolhouse, 974 9th Concession A, McDonalds Corners

Perth Breast Cancer Support Group, Aug 15, 7-9PM. Monthly mtg. Perth Family Health Centre, 33 Lewis St., Perth

Alliance Coin & Banknote Auction, Aug 18, from 10AM. Coins, banknotes, medals, tokens. Almonte Old Town Hall. 256-6785, alliancecoin.com

Cancer Support Group, Aug 19, 10-11AM. Drop-in support group for people going through cancer treatments and cancer survivors. Come for coffee/tea and friendly conversation with people who have been on a similar journey. Almonte Library, 155 High St., Almonte. 726-8040. Free

Breakfast & Music, Aug 20, 8AM breakfast, 9:30 music. Ashton United Church, 105 Old Mill, Ashton. By donation

Demystifying Mysticism w/Lilly White, Aug 21, 7PM. Question/answer. All welcome. Curious & Kind, Heritage Mall, Almonte. curiousandkind.ca. By donation

Merrickville Antique Artisans Show, Aug 24 (10AM-5PM), Aug 25 (10AM-4PM). Merrickville Fairgrounds, 106 Read St., Merrickville. 850-5446, antique-shows.ca. \$7; kids under 12 free

Blueberry Tea, Aug 25, 1-4PM. Blueberries, pastry, tea. Union Hall, 1984 Wolf Grove Rd. at Tatlock Rd., Mississippi Mills. 256-2498. Free; donations appreciated

Meet Stephen Kotze (Green Party), Aug 28, 5-7:30PM. Enjoy local corn, bring picnic. heritage property, 2781 2nd Conc. Dalhousie, Lanark Highlands. 259-2412

Glen Tay Block Race, Aug 29, 6PM. 14.7km road race. \$20 entry. Perth Museum, Matheson House, Perth. glentayblock.com

MISSISSIPPI VALLEY CONSERVATION AUTHORITY
PRESENTS:

"Paint Out"

August 31, 2019 | 10am - 4 pm (Rain date September 1)
2854 Ramsay Concession 8, Almonte
For more information contact moklibrary@gmail.com

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Theatre Organ Concert

With acclaimed American theatre organist

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- ★ Sing-along

Friday, August 16, 7:00PM
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Governor General's Foot Guards Return to St. Paul's

The Regimental Band of the Governor General's Foot Guards will be returning for their fifth concert at St. Paul's United Church (aka the "Creative Community Hub") in Perth, on Labour Day Sunday, September 1 at 2PM. This will be their second performance in the newly renovated sanctuary, which is air-conditioned and fully accessible.

The band is based at Cartier Square Drill Hall in downtown Ottawa. They share a close connection to the Governor General and provide music for many ceremonies in the Ottawa area, including the annual nationally televised Remembrance Day ceremony held at the National War Memorial. The band is immediately recognizable in their iconic scarlet tunics and bearskin hats.

Capt. Stefan Sikorski, the band's director, has organized a training "exercise" at Golden Lake Camp during the Labour Day weekend. Dr. Wendy McCallum, a symphonic band specialist from the Brandon University School of Music, will work with the ensemble throughout the weekend, culminating in a concert at St. Paul's on Sunday.

The band will showcase its different small ensembles from the flute, clarinet, saxophone and brass sections. They will also perform "programmatic" music for the entire band: a musical fantasy depicting



Bearskins and Godzilla! The Regimental Band of the Governor General's Foot Guards will be returning to Perth on Sept. 1

Godzilla's attempt to take over Las Vegas, and other exciting tunes from the cinema. The program will be rounded out with several gorgeous works written by Canadian composers.

Admission to the concert is free, but donations will be welcomed at the door with proceeds to St. Paul's to cover advertising and promotion.

Celebrate Labour Day Sunday afternoon with the Regimental Band of the Governor General's Foot Guards, in the air-conditioned, accessible sanctuary of St. Paul's United Church, located at 25 Gore Street West in Perth <stpaulsperth.ca>.

"I Want You to Panic"

The title of this article comes from a speech made by 16-year-old Swedish climate activist Greta Thunberg to the United Nations in 2019.

It's very clear that if we don't put a few more Green Party MPs in the House of Commons this fall, to help counter the ruinous policies of the usual old-school parties that keep skirting issues related to the climate crisis, we're all going to be in big trouble.

Or more precisely, the planet we depend on for our very existence will keep on its current speedy trajectory toward... well... doom. Doom for humans. Not so much for cockroaches.

So, that's so over the top! Right? So extreme and full of hyperbole!!

Oh boy, I wish it was. Our government must be shown that the citizens of Canada are more reasonable than to vote for a party that counters the dire warnings of thousands of climate scientists and other experts around the world. If we don't we are really going to be in trouble, and soon. The International Panel on Climate Change has told us we have less than a decade to make fundamental changes to save ourselves from the effects of extreme climate change. Years ago I read the words of a counterculture hero of mine, Paul Hawken, who is the Co-founder and Executive Director of Project Drawdown, a non-profit that describes how global warming can be reversed. He said that to make the really big changes needed to save the planet, governments must lead the charge. We can see this in other countries where their economies are booming and prosperity is evident: they have strong environmental standards, support innovation for industries that are producing tons of clean energy, and are providing lots of work in building green infrastructure that is smart and effective. Currently Canada seriously lags behind, subsidizing the fossil fuel industry and building pipelines when there are many, many more good jobs in the renewable energy sector. It is dangerous policy to ignore the burgeoning green economy. We don't have time for this.

We need to vote for representatives who will help implement policies that truly address our climate crisis. One issue that bogs things down is the facile argument that making the big changes needed to address climate change will harm the economy. Non-sense! There is so much inspiring action on the New Green Economy front that it's hard to know where to start. I have been reading and listening to a lot of remarkable information from the most credible sources I could find and have complied a few to inspire us to act. These productions/publications will charge up your resolve. From the mountains of amazing information that is out there, I am recommending the following: watch, listen and talk about this with everyone you know and above all consider voting Green this October in Lanark-Frontenac-Kingston. Our candidate Steve Kotze is amazing! Watch for my interview with Steve for the August issue of theHumm.

— Chandler Swain

Resources to Shore Up Your Resolve

Here are a few websites, books and podcasts to delve into before the upcoming election:

- <greenparty.ca>
- Bill McKibben and Elizabeth Kolbert: *Is It Too Late to Save the World?* The New Yorker Radio Hour podcast from May 13, 2019
- Alec Baldwin's terrific podcast *Here's the Thing* from NPR: this edition is a doozy! Climate Science Explained: <podtail.com/en/podcast/heres-the-thing/climate-science-explained>
- *On Fire: The (Burning) Case for a Green New Deal* by Naomi Klein (fall 2019)
- *A Message from the Future* with Alexandria Ocasio-Cortez <[youtube.com/watch?v=d9uTH0iprVQ](https://www.youtube.com/watch?v=d9uTH0iprVQ)>

One Hour, Peak Summer

Towhee, monarch, milkweed. Mullein, motherwort, purple poppy, primrose...

Yesterday while sitting next to the lower garden down near the pond — a garden that I abandoned with some remorse this spring — I spent an hour writing down the names of the beings I recognized there.

by Susie Osler

Bee, phoebe, bergamot, bedstraw, brome, bladder campion, clovers, catbird, cleavers... Within minutes my heart was brimming, dazzled by the unexpected beauty of the entire scene — the countless colours and textures illuminated by the sun; the infinitely complex web of relationships; the sheer abundance of life simply happening within the small territory in front of me.



July is surrendering to coming August. The pinnacle of summer is now. It's Leo season. Dry and hot. Ruled by Fire and Sun. There is a quickening of intensity, a concentration and focus to this time of year. It is a time of consolidation, when the rampant growth of preceding months slows and a ripening and maturing of all that creative energy begins to take place. When the August long weekend rolls around, I remark (as though surprised by it each year) that the air and quality of light has changed almost overnight — becoming thinner, clearer, drier and settled.

Dragonfly, deer fly, fly catcher, wasp. Curled dock, yellow dock, ox-eye, goldenrod... Sumac, stinkweed, skipper, vetch, sweet clover, swallowtail, nettle...

With such abundance surrounding me, honing in on one plant for this month's column has not seemed feasible. Motherwort, yarrow and mullein have tempted me to be sure, but what I have become most captivated by has been the whole, emergent ecology/story of my abandoned garden.

Abandon. It's a slippery word — at times insinuating a liberating absence of concern, say, of what people think, or, how one *should* be... a letting go of inhibition, a turn towards the wild and instinctual, a surrender to the emotional. Yet, strangely, the word can also be laden with a tinge of negligence — that one has abandoned a responsibility, or given up on something or someone.

Fleabane, grosbeak, yarrow, oriole, jay... Abandon... The word keeps coming to mind as I

sit in front of what used to be a productive garden. This spring, not having the energy or time to contain this garden's untamable tendencies, I finally — reluctantly, or possibly even shamefully — left her to her own devices. And it appears that her own devices seem to have served her quite well in fact, though it all depends on what lens you choose to look through. Some folk would surely consider the evolving scene here a bit unkempt, unfortunate and heaven forbid, unproductive; but I'm beginning to suspect that I may be developing a soft spot for the unruly and unproductive! (Is this what happens after 50?) And, in any case, by what measure is something or someone deemed productive anyway? Could we imagine that, instead of pounds of produce per inch, productivity could be measured by, say, the number of relationships occurring within a given space, or the amount of beauty it generates, or the stories it inspires...? And what about considering the quality of habitat for birds and insects the space offers, and perhaps even the pleasure it affords them rather than us, or maybe even both? Alas, could we measure such things? In any case, here and now, my abandoned garden has already transformed herself into something more beautiful, lively, and biodiverse than ever she was when "under management".

There is so much to delight in here — in her wilding, tangled tapestry! As I watch, two juvenile catbirds awkwardly explore the widening world beyond their woven circle of birth — flapping and fluffing — tentatively testing their newfound wings. A phoebe boomerangs out from willow's canopy, deftly snatching a moth above mullein and returning back to her willow branch to swallow a mouthful of powdery wings. Bumblebees bumble and buzz into the abundance of small yellow stamen-laden mullein flowers, packing pollen into rich, golden pouches on their hind legs. An occasional blossom, now spent, releases itself (when/why does the flower make the call to fall exactly?), dropping delicately from the tall flower-encrusted stalk to the ground. Hundreds of impressions wash through me over the course of just an hour, each revealing a micro-moment in a tidal flow of relationships — and each becoming a reminder of the ceaseless continuum of life.

Hummingbird, timothy, oats, artemesia... I'm finding myself no longer able to separate one thread

There is so much to delight in here — in her wilding, tangled tapestry! As I watch, two juvenile catbirds awkwardly explore the widening world beyond their woven circle of birth — flapping and fluffing — tentatively testing their newfound wings.

from the whole tapestry laid out before me. I am being enveloped in the entire story that is weaving itself around me like a blanket. Is this what it means to become part of the fabric of Nature?

And what is my part — the human part — in this story? Could it be that it is simply the act of reveling in the wild imagination of the world — of noticing, celebrating and attending to the stories that are unfolding everywhere around us each moment? Perhaps the world might benefit from a little less human design and a bit more abandon after all.

Rudbeckia, chickweed, Knotweed, moth, willow, St. John's wort, dapples and... warblers.

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The Reeve Report

It's Half Over Already!

What happened when I wasn't looking? Summer's half over; we're past the longest day, which didn't seem long enough; we're into the dog days, when the dogs don't know they're supposed to lie around motionless. I haven't read half the books I intended, and my art supplies are still in the drawer.

This will never do. I intended to languish in summer activities, like a day at the park or a walk through the market. Here's how that works out. We cram three crates of dogs into the car, and set out with water, treats,

by Glenda Jones

leashes, and the ubiquitous "poop bags". We arrive at the park and unload all this paraphernalia, being careful to hold on to the three leashes. Walking three dogs is an exercise in dexterity: one is ahead, one is beside, and one is back and forth exploring every inch of the place. One stops to sniff, one yanks on the leash, and one stops completely. One loves little kids, one wants their ball, and one wants to be as far as possible away from them. The leashes get passed behind me, in front of me, left to right hand. The big moment comes when the band starts to play. Yikers! Major bark fest ensues, and we scurry away before we're formally asked to leave. There's no languishing involved at all!

While June promised gardens of greenery blocking out the undergrowth, July has delivered flower heads that need clipping and weeds that are prolific. Everything that was a riot of colour is succumbing to ennui that matches my own when I see the work that needs doing. However, I've taken a new perspective on certain weeds. I used to be vigilant about digging out bladderwort, and now I see that the flowers are actually quite dainty, and besides, there's no way I'd ever conquer their nasty long roots. I'm letting them thrive where they are. Same goes for St. John's wort, wild asters, and even the yellow clover. There's no garden tour happening here, so it's taking on a natural appearance that some English gardeners would find appealing. Bonus: the monarch butterflies are here in droves!

I never did get around to doing the window cleaning and of course it's too late for that now. My excuse was that the birds fly into clean windows and avoid the dirty ones. No bird carnage proves that theory... or that's my story anyway.

We managed to build two garden walls in early July and while June was on the wane. There's a lot of satisfaction in wall construction. The edge is now neat and clean, the old rocks returned to the woods after holding back the soil for twenty-six years. That was enough heavy lifting to last us the whole summer.

Here we are at the end of July, and it's time I got organized. August should be for contemplation of summer: feet up, cool drinks, good books and a new hobby. However, there's planning to be done for September activities: Learning in Almonte, exercise classes, agility trials. I know, we shouldn't be concerned with all that just yet, but if we don't do it now there'll be nothing in September. Besides, it makes me think I'm being productive, and takes up the time that housework or weeding would have to fill. I can even ignore meals when I get busy on other things.

It would be good to slide into August with no commitments, to be able to play with the dogs at our leisure, to have lunch at the local pub, to visit friends and drink lemonade under a big umbrella. We're going to schedule those things, so that they really will happen. Darn it, I've said it now: "Schedule"! But that's how it goes when we enjoy our activities. I know full well I couldn't sit around for a few hours doing luxurious nothing. Anyone who owns dogs knows they too can't sit around for long with the certain knowledge that a chipmunk is living in the drainpipe. They need my assistance to find it, or at least make the trek outside worthwhile by throwing the ball until tongues are hanging out. So much for leisure time!

August will disappear the same way June and July have, and before we know it, the weather will cooperate again, we'll be facing September with renewed energy. Summer won't fade quite yet though. We'll still be able to enjoy those beautiful sunset evenings when the aroma of milkweed and the glitter of fireflies remind us of July. We're going to celebrate August with a glorious day at our favourite dog park enjoying good friends and letting the second half of summer unfold at its own pace. There'll be ice cream and blueberries somewhere in there too. And corn on the cob pretty soon. All good!! There'll be no trouble getting the dogs to buy into this plan. So if the books don't get read, if the house doesn't get cleaned, if the garden is still a mess in September, I'll deal with it then. For now, bring on August. We're ready!

When your own garden needs some inspiration, treat yourself to a walk through **Whitehouse Perennials & Display Gardens** on Rae Road (pictured below) — a stupendous display of lilies unparalleled. The welcoming garden is only a prelude to the dazzling display of acres of lilies, all in bloom. The buds this year are a little later than usual, and promise a show beyond any of the last few years: every shape, size, colour and fancy name beyond your imagination. The whole garden and fields of lilies are easily accessible. This is a home-grown phenomenon not to be missed. Bring your wallet! The gardens are free, but you won't be able to resist a purchase.



Storytime!

Introducing Cards for Readers & Will-be-readers

Once upon a time a young reader entered the book industry. She learned to sell, serve, market, write, design and do data entry until the cows came home. She loved it all. She moved to Almonte and continued to work in bookstores and libraries until she was an old(er) woman. She works there still — and it is the best of times. This month, Jill McCubbin — prolific artist and reader — becomes a new publisher and launches Book Mill Press, with a line of greeting cards created and printed in Almonte. Book Mill Press is the long-anticipated extension of Jill's love of books and Almonte and of her creativity and whimsy as an artist.

Cards for readers and will-be-readers. Each card tells a little tale, embellished with a retro/classic dramatic flair and a humorous twist. The cards are inspired by book-related metaphors and by quotes by great people such as Ernest Hemingway, Henry Ward Beecher and Jill's mom and dad (who either read her like a book or throw the book at her). Jill is a sucker for unexpected, striking quotes and lyrics. She records them relentlessly and adapts them constantly — in order to make sense of our world and its people.

Book Mill Press cards are printed by the friendly skilled professionals at Pxlworks / The Almonte Sign Company. Tidily displayed with the envelope tucked inside the card, Jill made the deliberate decision to not individually package her cards in plastic — a commonplace practice in today's specialty card industry that needs to end.



Almonte artist Jill McCubbin is launching her "Book Mill Press" with a line of literary note cards

Mill Street Books (Almonte) and book shops in Kingston, Ottawa, Perth, Arnprior and Sarnia now carry cards for readers and will-be-readers. Other stores will soon be "on the books". Please support your local independents! Cards can also be purchased at bookmillpress.com, or inquire via bookmillpress@gmail.com. Online, cards are \$5.70 each, four for \$21, or all seven for \$35 (plus 13% HST in all cases). Other quantity discounts are possible. Retailers, please request a wholesale price list (free delivery to Ottawa & neighbour Valley towns).

The Book Mill Press story begins with a line of seven colourful cards. Pleasure your shelf — read more about Book Mill Press and upcoming publications at bookmillpress.ca or on social media @BookMillPress. "Beware the person of just one book," said Thomas Aquinas, with a wink.

MERA Award of Excellence

MERA (McDonalds Corners & Elphin Recreation & Arts) is pleased to announce that Rosemary Kotze has received the 2019 MERA Award of Excellence in the Fine Arts and Fine Crafts for her creations using the felting process. They are also pleased to recognize the work of Barbara Sohn as the runner-up.

Sunny Kerr, the Curator of Contemporary Art at Queen's University, said the jury found it to be a difficult decision and were debating the merits of the work of several highly committed artists right up until the end. "We find Rosemary Kotze's work in felted wool to be beautifully original," she explains. "It has a character of trueness to nature that shows keen observation. We are charmed by the sense of life that she has given to her materials. The technical skill is deep even if it is quiet, and betrays a long dedication to artmaking."

Victoria Henry, the former Director of the Canada Council Art Bank, also commented that it was not an easy choice: "there is always the dilemma of choosing between fine craft and painting, each of which has its own norms, but in the end, Rosemary's felted animals were judged the most worthy of the MERA Award for 2019".

The MERA Award of Excellence in the Fine Arts and Fine Crafts, consisting of a prize of \$1000, was presented to Rosemary Kotze at a reception in June. The winner and runner-up both had examples of their work on view at the event.

The MERA Award of Excellence, which is given every two years, was conceived and made possible by a generous donation by

local residents Chris & David Dodge to the Perth & District Community Foundation, which manages the funds. Recognizing the organization's important contributions to the community, the Dodge Family chose MERA to select the award winners.

Ankaret Dean, MERA's Artistic Director, said it was a pleasure to look at all the submissions, and hopes the other artists will submit their work again in 2021. Anyone interested in learning more about MERA or the Award of Excellence is encouraged to visit meraschoolhouse.org or email meraschoolhouse@gmail.com.



Felt artist Rosemary Kotze has been selected as the winner of the 2019 MERA Award of Excellence

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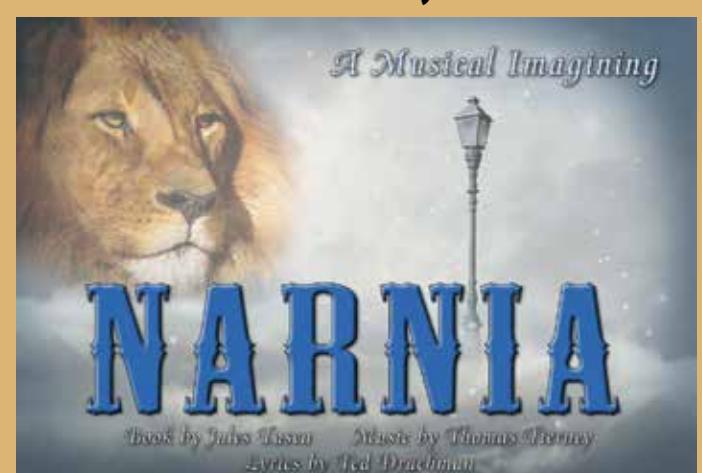
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Taking the Show on the Road

Or, What Starts with “f”, Ends with “uck”, and Makes Delicious Food?

There are many unanswered questions, and even more that are unasked, but there are seldom unanswered questions. A diligent quest by Weetabix was triggered by the question: “What starts with the letter ‘f’ and ends with ‘uck?’” Herewith some words on a local seasonal phenomenon, the outdoor restaurant or Food Truck.

by Sebastian Weetabix

In the beginning was the Chip Wagon — and it was good. Evolution drives the basic phenotype (a deep-fryer on wheels) towards more specialized and sophisticated cuisines. Today’s food trucks and their proprietors offer a variety of culinary styles delivered from mobile kitchens constrained only by size. With supplemental trailers for cold storage, mobile kitchens can expand

to operations large enough to support the catering needs for large events. The army has been doing this for years.

But if you are a talented amateur with dreams of operating a seasonal restaurant, think some more and read on. There are many routes to success in the food chain, but none are easy and all require a mix of skill, dedication, tolerance for hard work under difficult conditions, and patience. Weetabix reports here on three food trucks that have already demonstrated that they have what it takes to create an economically viable business. While food trucks avoid some of the problems of fixed establishments, they come with others, and, like all establishments serving a fickle public, it starts and ends with food quality and service. Readers are asked to note that time, space and appetite constrain Weetabix to comment on only three trucks and that the selection was based on geography —

results reported are based on personal experience and, as they say in ads for portfolio managers, results may vary.

We started in Perth and progressed via Carleton Place to Almonte. This allowed Weetabix to graze and, accompanied by his boon companion and Humm photographer/columnist Ms. Sally Hansen, we had a pleasant and very extended lunch.

Just outside Perth on Hwy 43 find **The Grub Hub** <@TheGrubHub613> — a family operation staffed by Jamie and Ashley Rouble with behind-the-scenes help from Ashley’s mom Leslie. Leslie, it turns out, is not “00-licensed to kill” but makes killer baked goods. The Grub Hub remains close to its origins as a chip truck and offers traditional fare (poutine, burgers, etc.). Fresh, local offerings and menu specials such as a crispy chicken buffalo wrap make this place stand out. Look for skid marks on the highway and try the Fro-do, a novelty based on a donut from HFT in Almonte with a layer of maple-bacon ice cream. Weetabix could not resist a dessert course in mid-meal. The Grub Hub also features some interesting homemade sauces such as Maple Moonshine. There are plans to offer bottled sauces and other packaged items “to go”. Keep an eye on this place — and pick up at least one butter tart for the road.

Despite being short a butter tart, the road obligingly brought us to Carleton Place, home of the **Jolly Hog** <jollyhog.ca>. For those needing directions, look for a bright pink truck parked at the edge of the car wash on Lake Street and note that if the truck is not there, it will return soon. Food trucks can be mobile but are generally tethered to a (leased) location with power, parking and some outdoor table space. Matt O’Brien has been in Carleton Place for four years and has built a loyal following based on innovative cuisine of high quality. A well-seasoned chef who “wanted to have a restaurant since he was twelve years old,” he honed his skills at Fitzgerald’s and Castlegarth (Weetabix attributes to him no blame for their demise) and Matt now cuts a caper in his own establishment. Behind the scenes, his wife and several other unsung staff work on prepara-



This month, Weetabix samples a few local food trucks (Jolly Hog, above; The Grub Hub, at left; and The Cheeky Chippy, below), and recommends hitting the road!

made potato chips (not fries) so you can eat them later since “fresh fries don’t have a later”. Weetabix agrees with the concept but notes that these really good chips may not have a later either, since it requires too much willpower to test their longevity. An innovative and skilled cook with energy and ambition, Matt has succeeded in developing a steady and loyal client base and is now at the cutting edge of mobile cuisine. The man has balls; try to get some.

And, speaking of balls, it takes a pair to up and leave your native country, move to the hinterlands of The Empire and bring traditional British food to the natives, but that is exactly what Tim Allars has done. Well, almost exactly. **The Cheeky Chippy** <@cheekychippyft> is actually a husband and wife operation located as one enters or leaves metropolitan Almonte on route 49. Tim and Kelly met in the hotel business in Basingstoke, Britain, where she, a graduate of the Algonquin culinary program, was working as a chef de partie and he was managing the front. A shared love of beers and food brought them together, and

a shared dream of having an independent business resulted in the purchase and refurbishing of a well-used truck. A surprising amount of work and money later (both working other jobs — he in sales and she at the kitchen of the Cheshire Cat), they found an excellent location with the help of Nick at nearby Crooked Mile Brewing Company. But the real story here is the food. Traditional British fish-and-chips is the Cheeky Chippy’s contribution to the local food scene. It is simple in its essence; it is anything but simple to execute. Developing and maintaining a supply chain from sea to Almonte was and is

critical. Really good fish is. Batter must meet several somewhat conflicting requirements, and the recipe has evolved over four years of trials and adjustment. The product is superb, and wisely, the Cheeky Chippy stays on focus with a few other items to complement the main offering. If you have never had real fish-and-chips, try it; if you want real fish-and-chips you now know where to go. But either way, go early as quantities are limited and they often sell out early.

tion for the daily show. Menu selections are interesting, but when we ordered his tasty balls, we were informed that he was out of stock since his wife had eaten them. He was also out of deep-fried maple syrup, so a return visit is required. Weetabix suggests phoning ahead (299-3570).

Matt’s value proposition is: “Make familiar food that tastes better,” and he wants his clients to not feel weighed down after their meal. An interesting and delicious result of this objective is that he offers site-

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Lanark County Backpack Drive

Believe it or not, back to school season is right around the corner, and many parents and children in our community are preparing for the big day! United Way Lanark County, along with the local 3M Canada Perth plants, are once again running a Backpack Drive. From now until August 22 they will be collecting school supplies and donations for local youth in Lanark County to help ensure everyone starts their school year with the supplies they need. Whether they are starting middle school or finishing high school, there are many school supplies that kids need in order to reach their full academic potential. Unfortunately, many families in our communities cannot afford these costly items, and children head back to school without the same supplies as their peers.

"Over the past four years we have seen great support from 3M and the community with our Backpack Drive. With their generosity, we were able to fill 24 backpacks last year, distributed to students through the youth centres in Lanark County and Smiths Falls. This year we hope to continue to meet this need, helping children and youth in our community start the school year on a positive note," says Amy Elsner, Community Partnership Development Officer for United Way Lanark County. "3M and its employees continue to show enthusiasm and drive to help those in need in our community, and we are so grateful for their support and willingness to bring awareness to local issues. As one of our largest supporters through corporate and employee donations, 3M exemplifies true community spirit and an organization dedicated to social responsibility."

3M employees will be busy collecting and donating supplies and cash to the drive, and they

invite members of the community to participate and donate as well. "At 3M we are proud to be part of this community initiative. We are honoured to participate in such a worthwhile event," explains Allyson McIntyre, Human Resources Manager at 3M Canada Perth.

What to Donate

The Backpack Drive collects school supplies for children and youth in Grades 7 to 12. Please consider donating the following items: backpacks, pencil crayons with sharpener (24 pack), markers (12 pack), pencils, blue pens, 1.5" binders, highlighters, lined paper, large glue sticks, scientific calculators and lunch bags. Cash or gift cards to local stores are also appreciated, which are then used to complete the kits with the necessary items. You can find a list of drop-off locations or make a monetary donation online at unitedwaylanarkcounty.ca.

The 3M Backpack drive will also be working with Connections (a program of Lanark Community Programs under Lanark Renfrew Health & Community Services) to share any supplies donated for younger age groups. Connections supports families in the healthy growth and development of young children through cooperative efforts involving families, services and communities. The Connections program will supply, on average, over 300 backpacks each year to children in the community.

Help local youth start their school year off confident and ready to learn! For more information, please contact the United Way Lanark County Office at 253-9074 or email Amy Elsner at aelsner@unitedwaylanarkcounty.ca.



Help the United Way and 3M provide backpacks for local kids!

ARE YOU THINKING GREEN?

Come to an end of summer get-together with [Steve Kotze](#) at a Heritage Property in beautiful Lanark Highlands.



Enjoy local corn and you are welcome to bring a picnic for your whole family.

August 28 5:00-7:30 pm
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the
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Interlibrary Loan Update

The Perth and District Union Public Library is pleased to announce that it resumed interlibrary loan services, with some changes, as of July 1.

In April 2019, provincial funding to the Southern Ontario Library Service (SOLS) was cut by 50% (from around \$3 million to \$1.5 million). SOLS negotiates and coordinates consortia purchasing of online library

by Erika Heesen, Perth Library

products such as eBooks; provides library staff training, legal and policy advice; and manages interlibrary loan amongst Ontario's southern libraries. With the interlibrary loan delivery service, SOLS facilitates fast and efficient sharing of books and other materials between libraries to increase selection and decrease duplication, through a shared database and courier network. Perth's library users borrowed an average of 300 items each month from other Ontario libraries, and Perth lent 150 items in the first three months of 2019 alone.

Due to this cut, the interlibrary loan van delivery service was cancelled by SOLS as of April 26, 2019. In future, SOLS will preserve the shared library database that makes interlibrary loan possible, and interlibrary loan delivery will be via Canada Post using the library rate, with SOLS providing partial postage reimbursement to local libraries. Based on internal circulation and average local postage costs, the Perth Union Library estimates that the postage cost will be \$3000 annually, with an additional \$700 in supplies. They currently project a SOLS postage reimbursement of 45% for a total cost of \$2,300 to the library annually.

"Participating in interlibrary loan is an important service that is a great benefit to our community in

providing access to books that we don't have locally", explains Erika Heesen, CEO. "This service was previously funded by SOLS, with local libraries contributing staff time in managing and packaging loans. With the switch to Canada Post and partial postage reimbursement, part of that shipping cost now needs to be absorbed by our local library."

At their meeting on June 17, the Perth and District Union Public Library Board made the decision to make use of a bequest and funds from reserves to continue interlibrary loan and expand book club sets in 2019. This cost will also be assessed when reviewing the library's budget in the fall in order to continue interlibrary loan in future years.

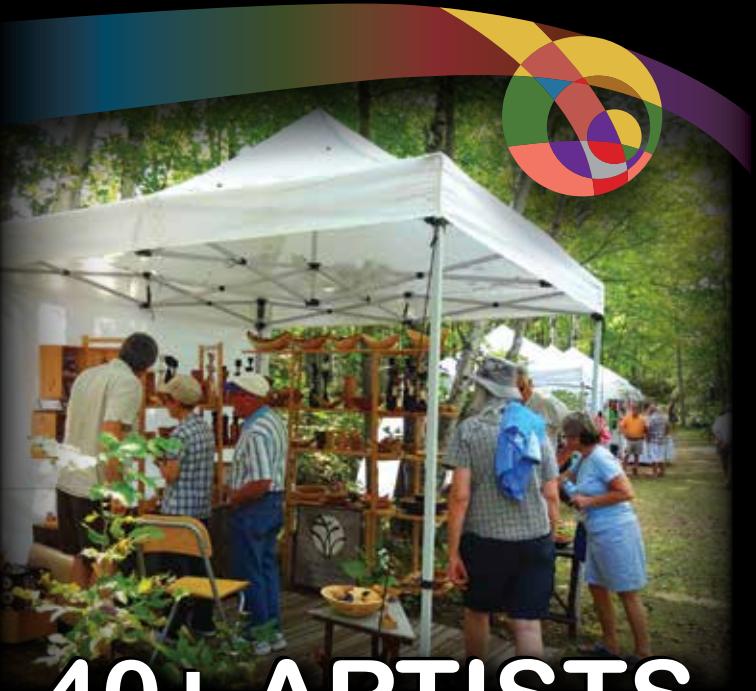
"Interlibrary loan delivery via Canada Post will undoubtedly be significantly slower, and will require more staff time," adds Heesen. "The library is working to do things differently and work within this new system. Consequently, we will be reinstating interlibrary loan with a few changes".

Individuals who wish to borrow an item from another library must now sign up for patron access interlibrary loan. Using a computer with internet access, users can place their request themselves anywhere, anytime at their convenience. Users will be limited to three requests per month. The library will also be expanding their collection of "Book Club Sets" to continue to meet the needs of local book clubs. Book clubs are encouraged to use these sets instead of interlibrary loan. The library requests that local book clubs who would like to support the library consider a donation of funds or books to expand the Book Club Sets. For more information, visit the library at 30 Herriott St, Perth, or their website at perthunionlibrary.ca.

The majority of public libraries in the Ottawa Valley have resumed interlibrary loan services, with some changes. Check your local library for details.

sundance artisan show

MABERLY, ONTARIO



40+ ARTISTS Labour Day Weekend

Mark it
on the
calendar!

Sat., Aug. 31, 10-5 Free admission, facilities, and parking. Family-friendly.
Sun., Sept. 1, 10-5 About an hour West of Ottawa.

[f "Sundance Artisan Show" Group on Facebook](#)



A full list of artists and more information at
www.SundanceStudio.ca



21980 HWY 7 Maberly, ON.

On Fall River Restaurant's
Festival Grounds.

PRESENTED BY

Aruma

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JB GARAGE
HEAVY EQUIPMENT & AUTO REPAIR

**ROOTS
ON THE CLYDE**

DOUBLEBACK • THE RILEY NEW BAND
JAMIE MCMUNN • UNWOUND • HENRY NORWOOD
VICKI BRITTL • MIKE POLLARD
DAN PAUL ROGERS • HARRY ADRAIN
CHERYL ADRAIN • JIM SIMPSON
JUDI MOFFATT-HILL & BARRY MUNRO
CASHMEN FORD • LANDON BEDOR
BELLA HOLLIDAY

**MUSIC FESTIVAL
LICENSED EVENT**

AUGUST 16, 17, 18, 2019
2104 PINE GROVE ROAD LANARK, ON

SINGLE DAY \$25	WEEKEND PASS \$50	MUST PRE-REGISTER FOR CAMPING
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FOR MORE INFORMATION AND TO PURCHASE TICKETS, PLEASE VISIT
WWW.ARUMA.CA
OR CALL **613-259-3000**

TICKETS CAN BE PURCHASED IN PERSON AT
ARUMA • J.B. GARAGE, LANARK • NAISMITH SPORTS PUB, ALMONTE
GRAHAM'S SHOES, CARLETON PLACE • MARKS' COBBLER SHOP, PERTH

**NORTH LANARK
HIGHLAND GAMES**

Saturday, August 24, 2019

NLAS Fairgrounds (Rain or Shine)
195 Water Street
Almonte, Ontario 9AM-6PM

Individual & Pipe Band Competitions
Highland Dance Competitions
Scottish Clan Booths
Men's & Women's Heavy Event Athletics
Children's Mini-Games

**Adults: \$17 at the gate, \$15 in advance • Children under 12: Free!
Advance tickets: Online • Nicholson's (Pakenham) • Mill Street Books (Almonte)**
No pets • \$5 limited parking onsite • No overnight parking

www.almontehighlandgames.com